

♥ SILVERCREEK ON MAIN - REFLECTIONS 2 - FEBRUARY 2025 ♥

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEAL TIMES 8:00 Breakfast 12:00 Lunch 5:00 Dinner	 PROGRAM & EVENTS 2024 <i>*Calendar subject to change*</i>					1 11:00 Morning Fun with Becca 1:00 Bingo with Becca 2:30 Refreshments/Snack 3:45 Listen to Music
2 Groundhog Day 10:30 SUNDAY SERVICE (CH) 11:00 Hymn Sing with Erin 2:00 Reminisce with Erin 2:30 Refreshments/Snack 4:00 Exercise with Erin	3 11:00 Ball Toss with Erin 11:30 Word Games with Erin 1:30 Singalong with Erin 2:30 Refreshments/Snack 3:30 Bingo with Erin 6:30 Wheel of Fortune (ch. 4)	4 11:00 Exercise with Becca 11:30 Trivia with Becca 1:30 Learn with Becca 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Singalong with Becca 6:30 Evening Fun with Becca	5 10:45 Morning Stretch with Becca 11:15 Music with Becca 1:00 1:1 Visits with Becca 1:45 Person, Place, or Thing Game 2:30 Refreshments/Snack 3:00 Exercise Class with Carter 4:00 Art with Becca 6:30 Evening Fun with Becca	6 10:00 Move to Music with Erin 11:00 Reminisce Games with Erin 1:30 Arm Chair Travel with Erin 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Self Care with Erin 6:30 Wheel of Fortune (ch. 4)	7 Happy Birthday Marge! 10:00 Catholic Ecumenical Service/Gospel Songs 1:30 Painting with Becca 2:30 Refreshments/Snack 4:00 Classic Comedies on TV 6:30 Wheel of Fortune (ch. 4)	8 11:00 Morning Fun with Becca 1:00 Bingo with Becca 2:30 Refreshments/Snack 3:45 Listen to Music
9 10:00 Gospel Singalong with RAs 1:30 Coloring 2:30 Refreshments/Snack 5:30 Superbowl	10 10:30 Singalong with RAs 1:30 Afternoon Movie 2:30 Refreshments/Snack 6:30 Wheel of Fortune (ch. 4)	11 11:30 Exercise with Becca 1:30 "The Johnny Cash Show" on TV 2:30 Refreshments/Snack 2:30 Step-in-Time 3:00 Crafting with Volunteer Vicki 6:30 Evening Fun with Becca	12 9:30 Painting with Larry 11:30 Name That Film with Becca 1:30 Classic Westerns on TV 2:30 Refreshments/Snack 3:00 Exercise Class with Carter 4:00 Reminisce with Becca 6:30 Evening Fun with Becca	13 11:15 Love Songs with Becca 1:30 Classic Comedies on TV 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Famous Couples Trivia 6:30 Wheel of Fortune (ch. 4)	14 ♥ VALENTINE'S DAY ♥ 10:00 Catholic Ecumenical Service/Gospel Songs 2:30 Valentine's Day Party with Music by Dick Szyplinski 2:30 Refreshments/Snack 6:30 Wheel of Fortune (ch. 4)	15 11:00 Morning Fun with Becca 1:00 Bingo with Becca 2:30 Refreshments/Snack 3:45 Listen to Music
16 10:30 SUNDAY SERVICE (CH) 11:00 Hymn Sing with RA's 1:30 Coloring with RA's 2:30 Refreshments/Snack 2:30 Afternoon Movie	17 Presidents' Day 11:15 Patriotic Singalong with Emily 1:30 Everybody Loves Raymond 2:30 Refreshments/Snack 3:30 Balloon Volley with Michelle 6:30 Wheel of Fortune (Ch. 4)	18 11:00 Move to Music with Becca 11:30 Brain Games with Becca 1:30 Name 5 with Becca 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Name That Instrument w/ Becca 6:30 Evening Fun with Becca	19 10:45 Morning Stretch with Becca 11:15 Music with Becca 1:00 1:1 Visits with Becca 1:45 Crossword Puzzles with Becca 2:30 Refreshments/Snack 3:00 Exercise Class with Carter 4:00 Pondering Prompts with Becca 6:30 Evening Fun with Becca	20 Happy Birthday LaVerne! 10:00 Exercise with Erin 11:00 Pet Trivia with Erin 1:30 "More or Less?" Game w/ Erin 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Country Music Trivia with Erin 6:30 Wheel of Fortune (ch. 4)	21 Happy Birthday Marilyn! 10:00 Catholic Ecumenical Service/Gospel Songs 1:30 Music with Becca 2:30 Refreshments/Snack 4:00 Classic Comedies on TV 6:30 Wheel of Fortune (ch. 4)	22 11:00 Morning Fun with Becca 1:00 Bingo with Becca 2:30 Refreshments/Snack 3:45 Listen to Music
23 10:30 SUNDAY SERVICE (CH) 11:00 Hymn Sing with Erin 2:00 Reminisce with Erin 2:30 Refreshments/Snack 4:00 Ball Toss with Erin	24 11:00 Balloon Volley with Erin 11:30 Word Games with Erin 1:30 Karaoke with Erin 2:30 Refreshments/Snack 3:30 Bingo with Erin 6:30 Wheel of Fortune (ch. 4)	25 11:00 Exercise with Becca 11:30 Trivia with Becca 1:30 John Denver Concert on TV 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Reminisce with Becca 6:30 Evening Fun with Becca	26 10:45 Morning Stretch with Becca 11:15 Resident Council Meeting 1:30 Cookie Decorating w/ Becca & Erin 2:30 Refreshments/Snack 3:00 Exercise Class with Carter 4:00 "Happily Ever After?" w/ Becca 6:30 Evening Fun with Becca	27 10:00 Move to Music with Erin 11:00 Junk Drawer Detective w/ Erin 1:00 1:1 Visits with Erin 1:45 Rootbeer Float Social with Erin 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Word Games with Erin 6:30 Wheel of Fortune (ch. 4)	28 10:00 Catholic Ecumenical Service/Gospel Songs 1:30 Art with Becca 2:30 Refreshments/Snack 4:00 Classic Comedies on TV 6:30 Wheel of Fortune (ch. 4)	

REFLECTIONS STAFF:
 Clinical Director - Gladys Aakre (763) 955-1770
 Registered Nurse - Loretta Gborplay (763) 955-1769

Director of Reflections - Emily Jass (763) 955-1992
 Resident Care Coordinator - Anna Phongmany (763) 955-1762

LOCATIONS:
 "1" = First Floor
 "2" = Second Floor
 CH = Chapel
 PR = Performance Room