

# ♥ SILVERCREEK ON MAIN - REFLECTIONS 1 - FEBRUARY 2025 ♥

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEAL TIMES 8:00 Breakfast 12:00 Lunch 5:00 Dinner	 <b>PROGRAM &amp; EVENTS 2024</b> <i>*Calendar subject to change*</i>					<b>1</b> 10:00 Morning Fun with Becca 2:30 Refreshments/Snack 2:30 Games with Becca 3:45 Listen to Music
<b>2</b> <b>Groundhog Day</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b> <b>Happy Birthday Marge!</b>	<b>8</b>
9:45 Hymn Sing with Erin 10:30 SUNDAY SERVICE (CH) 1:00 Trivia with Erin 2:30 Refreshments/Snack 3:15 Balloon Volley with Erin	9:45 Ball Toss with Erin 10:15 Word Games with Erin 2:30 Refreshments/Snack 2:30 Singalong with Erin 3:30 <b>Fitness Class with Michelle</b> 6:30 Wheel of Fortune (ch. 4)	9:45 Exercise with Erin 11:00 Trivia with Erin 1:30 Bingo with Erin 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Singalong with Erin 6:00 Games with Becca 6:30 Wheel of Fortune (ch. 4)	9:45 Morning Stretch with Erin 11:00 Music with Erin 1:00 1:1 Visits with Erin 1:45 Person, Place, or Thing Game 2:30 Refreshments/Snack 4:00 Ball Toss with Erin 6:00 Singalong with Becca 6:30 Wheel of Fortune (ch. 4)	10:00 Move to Music with Becca 11:00 Reminisce Games with Becca 1:30 Arm Chair Travel with Becca 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Self Care with Becca 6:30 Wheel of Fortune (ch. 4)	11:15 Devotions with Becca 1:30 Classic Comedies on TV 2:30 Refreshments/Snack 4:00 Name That Tune with Becca 6:30 Wheel of Fortune (ch. 4)	10:00 Morning Fun with Becca 2:30 Refreshments/Snack 2:30 Games with Becca 3:45 Listen to Music
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> ♥ <b>VALENTINE'S DAY</b> ♥	<b>15</b>
10:00 Gospel Singalong with RAs 1:30 Coloring 2:30 Refreshments/Snack 5:30 Superbowl	10:30 Singalong with RAs 1:30 Afternoon Movie 2:30 Refreshments/Snack 3:00 <b>Fitness Class with Michelle</b> 6:30 Wheel of Fortune (ch. 4)	10:45 Exercise with Becca <b>1:30 Crafting with Volunteer Vicki</b> 2:30 Refreshments/Snack 2:30 Step-in-Time 3:30 "The Johnny Cash Show" on TV 6:00 Games with Becca 6:30 Wheel of Fortune (ch. 4)	9:30 <b>Painting with Larry</b> 10:45 "Name That Thing" with Becca 1:30 Reminisce with Becca 2:30 Refreshments/Snack 4:00 "The Gene Autry Show" on TV 6:00 Singalong with Becca 6:30 Wheel of Fortune (ch. 4)	10:00 Love Songs with Becca 1:30 Famous Couples Trivia 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Listen to Music 6:30 Wheel of Fortune (ch. 4)	11:15 Devotions with Becca <b>2:30 Valentine's Day Party with Music by Dick Szyplinski</b> 2:30 Refreshments/Snack 6:30 Wheel of Fortune (ch. 4)	10:00 Morning Fun with Becca 2:30 Refreshments/Snack 2:30 Games with Becca 3:45 Listen to Music
<b>16</b>	<b>17</b> <b>Presidents' Day</b>	<b>18</b>	<b>19</b>	<b>20</b> <b>Happy Birthday LaVerne!</b>	<b>21</b> <b>Happy Birthday Marilyn!</b>	<b>22</b>
10:00 Hymn Sing with RA's 10:30 SUNDAY SERVICE (CH) 1:30 Coloring with RA's 2:30 Refreshments/Snack 2:30 Afternoon Movie	10:30 Patriotic Singalong with Emily 1:30 Movie "The Music Man" 2:30 Refreshments/Snack 3:00 <b>Fitness Class with Michelle</b> 6:30 Wheel of Fortune (ch. 4)	9:45 Exercise with Erin 11:00 Trivia with Erin 1:30 Name 5 with Erin 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Name That Instrument w/ Erin 6:00 Games with Becca 6:30 Wheel of Fortune (ch. 4)	9:45 Morning Stretch with Erin 11:00 Music with Erin 1:00 1:1 Visits with Erin 1:45 Games with Erin 2:30 Refreshments/Snack 4:00 Pondering Prompts with Erin 6:00 Singalong with Becca 6:30 Wheel of Fortune (ch. 4)	10:00 Move to Music with Becca 11:00 Pet Trivia with Becca 1:30 "More or Less?" Game w/ Becca 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Country Music Trivia with Becca 6:30 Wheel of Fortune (ch. 4)	11:15 Devotions with Becca 1:30 John Denver Concert on TV 2:30 Refreshments/Snack 4:00 Music with Becca 6:30 Wheel of Fortune (ch. 4)	10:00 Arm Chair Travel with Becca 2:30 Refreshments/Snack 2:30 Games with Becca 3:45 Listen to Music
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	
9:45 Hymn Sing with Erin 10:30 SUNDAY SERVICE (CH) 1:00 Reminisce with Erin 2:30 Refreshments/Snack 3:15 Ball Toss with Erin	9:45 Balloon Volley with Erin 10:15 Word Games with Erin 2:30 Refreshments/Snack 2:30 Karaoke with Erin 3:00 <b>Fitness Class with Michelle</b> 6:30 Wheel of Fortune (ch. 4)	9:45 Exercise with Erin 11:00 Trivia with Erin 1:30 <b>Cookie Decorating w/ Erin &amp; Becca</b> 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Reminisce with Erin 6:00 Games with Becca 6:30 Wheel of Fortune (ch. 4)	9:45 Morning Stretch with Erin 10:30 <b>Resident Council Meeting</b> 11:00 Music with Erin 1:30 "Happily Ever After?" with Erin 2:30 Refreshments/Snack 4:00 Fairy Tales with Erin 6:00 Singalong with Becca 6:30 Wheel of Fortune (ch. 4)	10:00 Move to Music with Becca 11:00 Junk Drawer Detective w/ Becca 1:00 1:1 Visits with Becca 1:45 <b>Rootbeer Float Social with Becca</b> 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Finish the Saying with Becca 6:30 Wheel of Fortune (ch. 4)	11:15 Devotions with Becca 1:30 Frank Sinatra Concert on TV 2:30 Refreshments/Snack 4:00 Music Trivia with Becca 6:30 Wheel of Fortune (ch. 4)	

**REFLECTIONS STAFF:**

Clinical Director - Gladys Aakre (763) 955-1770  
 Registered Nurse - Loretta Gborplay (763) 955-1769

Director of Reflections - Emily Jass (763) 955-1992  
 Resident Care Coordinator - Anna Phongmany (763) 955-1762

**LOCATIONS:**

"1" = First Floor  
 "2" = Second Floor  
 CH = Chapel  
 PR = Performance Room