

SILVERCREEK ON MAIN - REFLECTIONS 1 - JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>MEAL TIMES</p> <p>8:00 Breakfast</p> <p>12:00 Lunch</p> <p>5:00 Dinner</p>	 <p>PROGRAM & EVENTS 2024 <i>*Calendar subject to change*</i></p>		<p>1 New Year's Day</p> <p>10:00 Singalong with Staff 1:30 Afternoon Movie 2:30 Refreshments/Snack 6:30 Wheel of Fortune (Ch. 4)</p> <p>HAPPY NEW YEAR 2025!</p>	<p>2</p> <p>10:30 Move to Music with Becca 11:00 Trivia with Becca 1:00 1:1 Visits with Becca 1:45 Armchair Travel with Becca 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Table Top Shuffleboard 6:30 Wheel of Fortune (Ch. 4)</p>	<p>3</p> <p>11:15 Devotions with Becca 1:30 "The Gene Autry Show" on TV 2:30 Refreshments/Snack 4:00 Fruitcake Toss with Becca 6:30 Wheel of Fortune (Ch. 4)</p>	<p>4</p> <p>10:00 Morning Fun with Becca 2:30 Refreshments/Snack 2:30 Music Trivia with Becca 3:45 Listen to Music</p>
<p>5</p> <p>9:45 Hymn Sing with Erin 10:30 SUNDAY SERVICE (CH) 1:00 Trivia with Erin 2:30 Refreshments/Snack 3:15 Balloon Volley with Erin</p>	<p>6 Epiphany</p> <p>9:45 Ball Toss with Erin 10:15 Word Games with Erin 2:30 Refreshments/Snack 2:30 Singalong with Erin 3:00 Fitness Class with Michelle 6:30 Wheel of Fortune (Ch. 4)</p>	<p>7</p> <p>9:45 Exercise with Erin 11:00 Trivia with Erin 1:00 1:1 Visits with Erin 1:45 Bingo with Erin 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Reminisce with Erin 6:00 Games with Becca</p>	<p>8</p> <p>9:30 MNEME THERAPY PAINTING 11:00 Name That Tune with Erin 1:30 Classic Westerns on TV 2:30 Refreshments/Snack 4:00 Person, Place, or Thing Game 6:00 Singalong with Becca 6:30 Wheel of Fortune (Ch. 4)</p>	<p>9</p> <p>10:30 Move to Music with Becca 11:00 Brain Games with Becca 1:30 CRAFTING WITH ERIN & BECCA 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Word Games with Becca 6:30 Wheel of Fortune (Ch. 4)</p>	<p>10</p> <p>11:15 Devotions with Becca 1:30 "The Johnny Cash Show" on TV 2:30 Refreshments/Snack 4:00 Wild Kingdom with Becca 6:30 Wheel of Fortune (Ch. 4)</p>	<p>11</p> <p>10:00 Morning Fun with Becca 2:30 Refreshments/Snack 2:30 Games with Becca 3:45 Listen to Music</p>
<p>12</p> <p>9:45 Hymn Sing with Erin 10:30 SUNDAY SERVICE (CH) 1:00 Reminisce with Erin 2:30 Refreshments/Snack 3:15 Exercise with Erin</p>	<p>13 National Kathleen Day National Catherine Day</p> <p>9:45 Noodle Ball with Erin 10:15 Word Games with Erin 2:30 Refreshments/Snack 2:30 Karaoke with Erin 3:00 Fitness Class with Michelle 6:30 Wheel of Fortune (Ch. 4)</p>	<p>14</p> <p>9:45 Exercise with Erin 11:00 Brain Games with Erin 1:30 Bingo with Erin 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Table Top Bowling with Erin 6:00 Games with Becca 6:30 Movie Night</p>	<p>15</p> <p>9:45 Morning Stretch with Erin 11:00 Music with Erin 1:30 BAKING WITH ERIN & BECCA 2:30 Refreshments/Snack 4:00 Pondering Prompts with Erin 6:00 Singalong with Becca 6:30 Wheel of Fortune (Ch. 4)</p>	<p>16</p> <p>10:30 Move to Music with Becca 11:00 Trivia with Becca 1:30 Elvis Concert on TV 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Stories with Becca 6:30 Wheel of Fortune (Ch. 4)</p>	<p>17</p> <p>11:15 Devotions with Becca 1:30 Classic Game Shows on TV 2:30 Refreshments/Snack 4:00 Jeopardy with Becca 6:30 Wheel of Fortune (Ch. 4)</p>	<p>18</p> <p>10:00 Morning Fun with Becca 2:30 Refreshments/Snack 2:30 Word Games with Becca 3:45 Listen to Music</p>
<p>19</p> <p>9:45 Hymn Sing with Erin 10:30 SUNDAY SERVICE (CH) 1:00 Trivia with Erin 2:30 Refreshments/Snack 3:15 Noodle Ball with Erin</p>	<p>20 Martin Luther King Jr. Day Elementary School Teacher Day</p> <p>9:45 Balloon Volley with Erin 10:15 Reminisce School with Erin 2:30 Refreshments/Snack 2:30 Singalong with Erin 3:00 Fitness Class with Michelle 6:30 Wheel of Fortune (Ch. 4)</p>	<p>21 Grandma Day</p> <p>9:45 Exercise with Erin 11:00 Family Reminisce with Erin 1:30 AFTERNOON TEA & COOKIES 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Classic Comedies on TV 6:00 Games with Becca 6:30 Wheel of Fortune (Ch. 4)</p>	<p>22 Grandpa Day</p> <p>9:45 Morning Stretch with Erin 10:30 RESIDENT COUNCIL 11:00 Cat Trivia with Erin 1:30 Afternoon Movie 2:30 Refreshments/Snack 4:00 Wild Kingdom with Erin 6:00 Singalong with Becca</p>	<p>23</p> <p>10:30 Move to Music with Becca 11:00 Word Games with Becca 1:30 CONCERT WITH BOBBY AND CHRISTINE 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 What's In My Bag? with Becca</p>	<p>24</p> <p>11:15 Devotions with Becca 1:30 Elvis Concert on TV 2:30 Refreshments/Snack 4:00 Laughter Yoga with Becca 6:30 Wheel of Fortune (Ch. 4)</p>	<p>25</p> <p>10:00 Morning Fun with Becca 2:30 Refreshments/Snack 2:30 Games with Becca 3:45 Listen to Music</p>
<p>26</p> <p>9:45 Hymn Sing with Erin 10:30 SUNDAY SERVICE (CH) 1:00 Reminisce with Erin 2:30 Refreshments/Snack 3:15 Ball Toss with Erin</p>	<p>27</p> <p>9:45 Noodle Ball with Erin 10:15 Word Games with Erin 2:30 Refreshments/Snack 2:30 Name That Country with Erin 3:00 Fitness Class with Michelle 6:30 Wheel of Fortune (Ch. 4)</p>	<p>28</p> <p>9:45 Exercise with Erin 11:00 Trivia with Erin 1:30 Bingo with Erin 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Wheel of Fortune with Erin 6:00 Games with Becca 6:30 Wheel of Fortune (Ch. 4)</p>	<p>29 Lunar New Year</p> <p>9:45 Morning Stretch with Erin 11:00 Music with Erin 1:30 Armchair Travel: Lunar New Year 2:30 Refreshments/Snack 4:00 Puzzles with Erin 6:00 Singalong with Becca 6:30 Wheel of Fortune (Ch. 4)</p>	<p>30</p> <p>10:30 Move to Music with Becca 11:00 Finish the Phrase with Becca 1:00 1:1 Visits with Becca 1:45 Dice Games with Becca 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Stories with Becca 6:30 Wheel of Fortune (Ch. 4)</p>	<p>31</p> <p>11:15 Devotions with Becca 1:30 "The Judy Garland Show" on TV 2:30 Refreshments/Snack 4:00 Reminisce with Art 6:30 Wheel of Fortune (Ch. 4)</p>	

REFLECTIONS STAFF:

Clinical Director - Gladys Aakre (763) 955-1770
Registered Nurse - Loretta Gborplay (763) 955-1769

Director of Reflections - Emily Jass (763) 955-1992
Resident Care Coordinator - Anna Phongmany (763) 955-1762

LOCATIONS:

"1" = First Floor
"2" = Second Floor
CH = Chapel
PR = Performance Room