

ON-SITE COMMUNITY SERVICES
TO SCHEDULE APPOINTMENT.
SEE CONTACTS BELOW.

Leave a message if unavailable.

SALON -

Tracy Osier, Owner (763) 955-1761

HAIR STYLIST -

Patty & Sharon (763) 955-1761

NAIL TECHNICIAN -

Debra Rangel (763) 229-5179

AHI PODIATRY -

Jessie Rustad (952) 283-3169

ASCEND REHABILITATION -

Krystle Plohocky (612) 268-8752



**Valentines Day
Cookies**

We are selling Fresh Valentine Cookies this year from the Cookie Store in Watertown, MN.

If you would like to give a cookie to someone special, you can pre-order them for \$4.50 per cookie.

Please sign-up by January 15th and list the number of cookies you would like to order.

They will be available for pick-up in our lobby on Friday, February 14th from 10:00am-12:00pm.

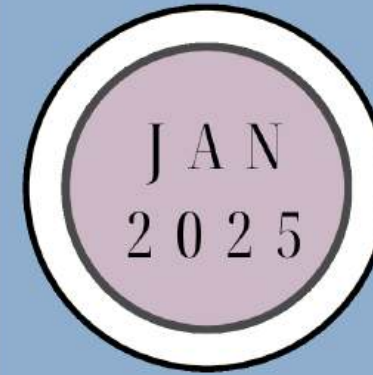
SILVERCREEK ON MAIN STAFF CONTACT LIST

Executive Director - Andrea Erickson	aberickson@silvercreekonmain.com	(763) 955-1753
Assistant Executive Director - Kristin Yang	kyang@silvercreekonmain.com	(763) 955-1995
Marketing Director - Jennifer Olson	Jolson@silvercreekonmain.com	(763) 955-1752
Marketing Associate - Haylie Madsen	hmadsen@silvercreekonmain.com	(763)-269-6094 or ext. 1739
Director of Programs - Suzy Nardini	snardini@silvercreekonmain.com	(763) 955-1771
Director of Reflections - Emily Jass	ejass@silvercreekonmain.com	(763) 955-1992
Director of Wellness - Angela Kalkbrenner	akalkbrenner@silvercreekonmain.com	(763) 955-1759
Wellness Coordinator - Deb Bray	dbray@silvercreekonmain.com	(763) 955-1758
Wellness Coordinator - Sam Wallace	swallace@silvercreekonmain.com	(763) 955-1758
Clinical Director - Gladys Aakre, RN	gaakre@silvercreekonmain.com	(763) 955-1770
Nurse - Loretta Gborplay, RN	lgborplay@silvercreekonmain.com	(763) 955-1769
Director of Admin - Caely Boerboom	cboerboom@silvercreekonmain.com	(763) 955-1754
Director of Res. Services - Anna St. Amant	astamant@silvercreekonmain.com	(763) 296-6093 ext. 1738
Resident Care Coord. - Anna Phongmany	aphongmany@silvercreekonmain.com	(763) 955-1762
Director of Dining Services - Melanie Hall	mhall@silvercreekonmain.com	(763) 955-1755
Kitchen Extension		(763) 955-1756
Housekeeping - Cheryl Brazil	cbrazil@silvercreekonmain.com	(763) 955-1763
Reception Desk - Shellie, Michelle, Marilyn, Terra, Sandy, Rachel		(763) 955-1751

“ALL WORK ORDER REQUESTS DURING AND AFTER BUSINESS HOURS: (763) 955-1751”

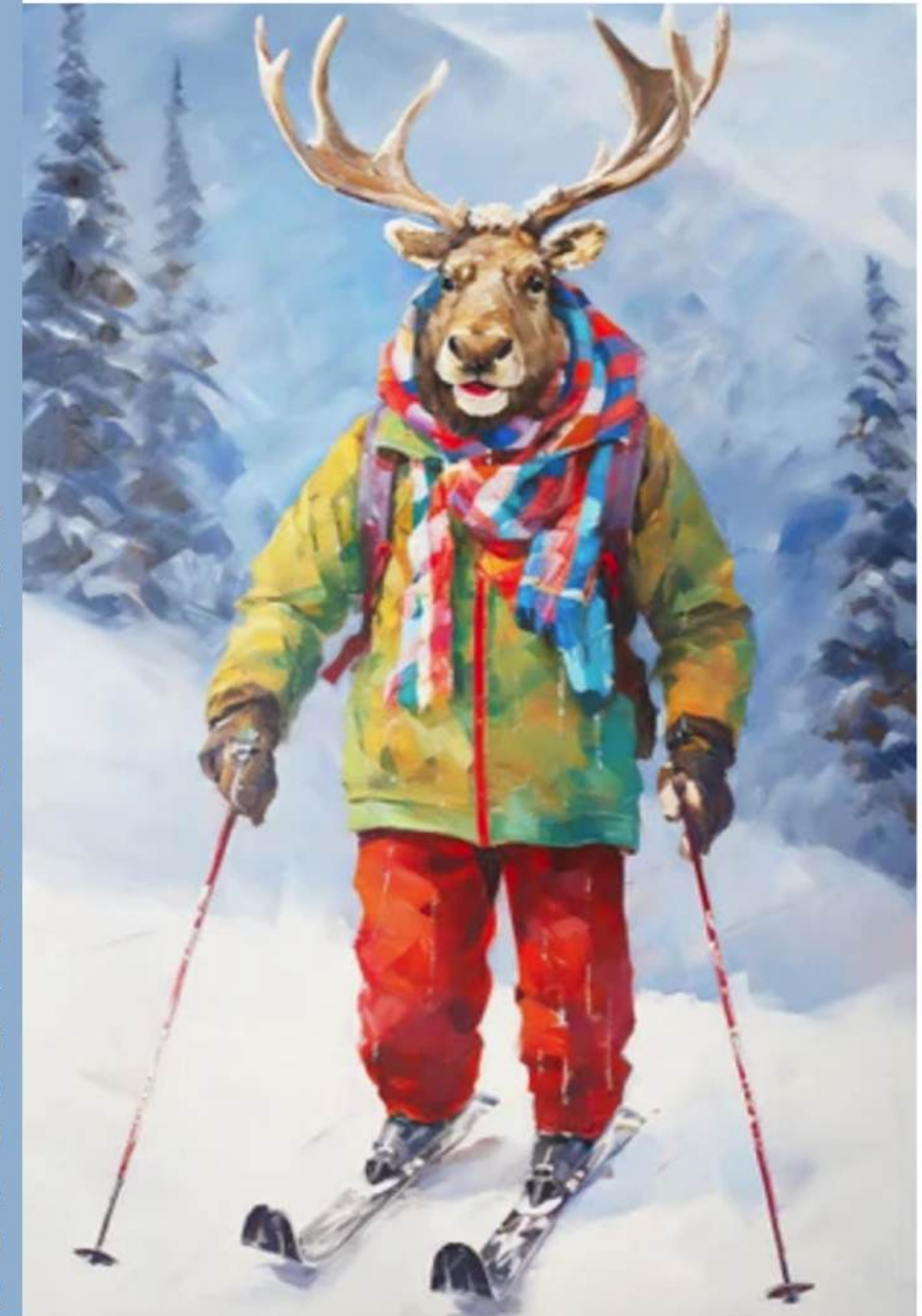
LIVE THE LIFE YOU LOVE

LIFESTYLE



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FROM US TO YOU

MONTHLY MESSAGES FROM SILVERCREEK

A MESSAGE FROM THE EXECUTIVE DIRECTOR

by Andrea Erickson

Happy New Year! As we welcome a new year, let's take a moment to appreciate the wonderful community we've built here at SilverCreek on Main.

This year – 2025 – we will celebrate our 10th Anniversary. We are so grateful and excited to celebrate this milestone anniversary with all of you. Watch for more details as we set plans in motion for an anniversary gathering.

Here's to another year of shared laughter, meaningful connections and celebrating the vibrant spirit of our community!

Thank you
Andrea



REFLECTIONS

HIGHLIGHTS FROM MEMORY CARE

Greetings and Happy New Year from Reflections!

As we pause to reflect on 2024, we want to thank you for your continued partnership to support your loved one living in Reflections. December was certainly a busy month with lots of special events. We enjoyed special music by Bobby and Christine, Todd Anderson, and wrapped up with a New Year's Eve Party with music by Dick Szyplinski. We enjoyed our annual Holiday Open House with special visits with Santa and Mrs. Claus. Our friends at ProAg in Maple Grove surprised us with special gifts for the holiday season to bring a smile to our faces. Our season has been filled with joy and laughter along with special time with family and friends.

As you begin the new year, I encourage you to make a resolution to learn something new about dementia. One of my favorite quotes is from Maya Angelou "People will forget what you said, people will forget what you did, but people will never forget how you made them feel." Even if your loved one starts to forget your name or relationship, they will never forget how you made them feel. You will always be a special person to them. Your face and voice are familiar. Join them in their reality even if you know it's not right. Focus on their feelings, instead of the facts. Reminisce with them about the people they are asking about, even if the person they are looking for isn't around anymore. Just be present and enjoy being in each other's company.

I wish you all a happy, safe, and healthy start to the new year!



RESIDENT SERVICES

MONTHLY MESSAGES FROM OUR RESIDENT SERVICES DEPARTMENT

Holiday Takedown

WE NEED YOUR HELP!
Thursday, January 2nd
9:30am - GR



Hear Better.
Live Better.



SilverCreek On Main is now offering Hearing Health Clinic Appointments!

2nd Wednesdays of the month
10:00am - 12:00pm
Family Conference Room
2nd Floor
Please Sign-up in the activities book for an appointment.

REMINDERS

COMMUNITY UPDATES, REMINDERS AND NEWS

Winter Walking Tips



The cold is upon us! Use these tips to keep yourself safe when doing activities outdoors:

- Wear a heavy, bulky coat that will provide cushion should you fall
- Ensure that a scarf, ear muffs, or a knit cap does not interfere with your hearing when walking close to roadways
- Always use handrails when walking on stairs or any type of angled surface
- Keep your hands out of your pockets incase you need to use them quickly
- Determine the safest path to get to your destination and take it
- Wear footwear that provides good traction & insulation

Virus Season



During this time of the year, it's important to exercise good hand hygiene to lower your risk of exposure to illnesses.

Remember to wash your hands regularly with soap and water for at least 20 seconds to prevent the spread of infection.

If you are feeling unwell, we ask you do not come to programming events, common spaces or the dining rooms.

Reminder to let our team know if you are feeling unwell and your meals can be delivered to your room at no charge.

Fireplace

REMINDER – we have a lovely fireplace in our Club Room (Great Room) near the front entrance that can be enjoyed in this cold weather as we work to resolve the repairs for the lobby fireplace. Thank you for your patience!



IT'S CLEAN UP YOUR COMPUTER MONTH

Sign up for a spot to help get some tech support and clean up your computer!

Monday, January 6th - 12:30p
Note - Location Change to the Performance Room



HEALTHY CHOICES

MONTHLY MESSAGES FROM WELLNESS CENTER

CHAIR YOGA for Seniors OVER 60



With this new year, what can you do for a new you?
How about a chair-based exercise class?

We offer Beginner and Intermediate Chair Yoga, Better Balance, and Boxing all of which use a chair for support. Chair exercise is a great low-impact way to incorporate movement into your routine. When you sit while exercising you allow your brain to focus on the actual movements because you feel safe in the chair. Research shows exercising in a chair can enhance endurance and flexibility in the upper body which leads to reduced fall risk and better balance. Additional benefits include less joint stiffness, increased circulation, and lower levels of stress and anxiety. Something we can all use these days.

Physical activity regardless of age has been shown to improve mood, reduce disease risk, make daily life activities easier, and increase life expectancy. Join us for a class to make sitting, standing, getting out of bed, and moving around your home easier with good muscle strength and mobility.

AWARDS

ATHLETES OF THE MONTH

"IT'S WAS A BATTLE OF THE CENTURY"

JOHN & JOE

you are the Employee OF the month

Zakiyah Watkins

ASSISTED LIVING

ASSISTED LIVING & EAL RESIDENTS FOCUS










If you are not familiar with this “game”, the players spin a spinner to determine which color jelly bean they will eat. The color could be one of two different flavors: a yummy flavor (peach or berry for example) or a disgusting flavor (barf or moldy cheese for example). **Join us on Tuesday, January 7th at 12:30pm in the AL Dining Room!**

NURSING

MONTHLY MESSAGES FROM OUR NURSING DEPARTMENT

Staying Healthy and Happy During the Holidays

The holiday season is a wonderful time to celebrate with loved ones, but it can also bring challenges to our health and well-being. Here are some simple tips to help you enjoy the festivities while staying healthy and energized:

1. **Stay Active**  Even a short walk around the block or some light stretching can make a big difference in keeping your body moving. Many communities offer holiday-themed activities, so consider joining a group walk or chair yoga session to stay engaged and active.
2. **Eat Mindfully**  Holiday meals are full of delicious treats, but balance is key. Enjoy your favorite dishes, but try to include plenty of fruits, vegetables, and lean proteins. Keep portion sizes in check, and don't forget to stay hydrated!
3. **Prioritize Rest**  The hustle and bustle of the holidays can disrupt your routine. Make sure to set aside time for rest and relaxation. A good night's sleep will keep you feeling refreshed and ready to enjoy the festivities.
4. **Stay Connected**  Loneliness can be more noticeable during the holidays. Reach out to family, friends, or neighbors. If in-person visits aren't possible, try phone calls or video chats to stay connected. Many local organizations also host holiday events that are a great way to meet new people.
5. **Manage Stress**  The holidays can sometimes be overwhelming. Take a few moments each day to breathe deeply, meditate, or enjoy a favorite hobby. Remember, it's okay to say no to activities that feel too demanding.
6. **Stay Safe**  Winter weather can pose risks. Wear appropriate footwear and dress warmly when heading outdoors. If you have travel plans, give yourself plenty of time to arrive safely.
7. **Mind Your Medications**  With the change in routine, it's easy to miss a dose of medication. Set reminders or keep a schedule to stay on track. If you're traveling, pack your medications in a safe, easily accessible place.

By keeping these tips in mind, you can make this holiday season not only joyful but also safe and healthy. Wishing you and your loved ones a season filled with warmth, love, and laughter!

THE FULL HELPING

SILVERCREEK **DINING IN** HIGHLIGHTS - PLEASE SIGN-UP IN DINING BOOK



1

Join us on
Tuesday, January 14th
from 11:00a - 1:00p
for a Beach Bar Lunch!

Lunch is \$13pp
In the IL Dining Room

Then join us in the pool
from 1:00p -3:00p for a
BEACH PARTY!

2

Join us on
Thursday, January 23rd
from 11:00a - 1:00p
for a WAFFLE BAR!

\$10pp
In the IL Dining Room

CELEBRATIONS

BIRTHDAYS, ANNIVERSARYS, AWARDS AND NEW RESIDENTS



RESIDENTS BIRTHDAYS

Jan	1-Jan	Glenn	17-Jan
Marilyn	3-Jan	Art	22-Jan
Mary	3-Jan	Nancy	22-Jan
Rita	5-Jan	Milt	22-Jan
Linda	5-Jan	Marlene	24-Jan
Georgia	10-Jan	Mary	25-Jan
Luanne	10-Jan	Cary	26-Jan
Barb	11-Jan	Marilyn	27-Jan
Jan	12-Jan	Bob	29-Jan
Lorraine	14-Jan	Linda	31-Jan
Eleanor	16-Jan	Russ	31-Jan

STAFF BIRTHDAYS

Queenella Cornormia,	Jan 1
Nemomssa Gameda,	Jan 1
Kpehe Jones	Jan 15
Caely Boerboom	Jan 16
Rayonna LeVells	Jan 17
Switsy Fulgencio	Jan 22
Jacob Bakke	Jan 26



STAFF ANNIVERSARYS

Willie Jarue	CNA	5 years	01/14/2020
Alexa Meyer	CNA	2 years	01/27/2023
Karen Veldhuis	CNA	6 years	01/22/2019
Tesfaye Forsido	Lead Resident Assistant	8 years	01/26/2017
Begeh Dibba	LPN/LVN	4 years	01/29/2021
George Masira	Resident Assistant	2 year	01/09/2023
Karissa Webb	Resident Assistant	2 years	01/27/2023
Caitlyn Gibbons	Wait Staff	3 years	01/06/2022
Deborah Bray	Wellness Coordinator	3 years	01/25/2022
Sam Wallace	Wellness Coordinator	3 years	01/12/2022



NEW RESIDENTS

- Vern
- Ardyce
- Nancy
- Loretta
- Pat
- Pat
- Carol



ARTISAN AVENUE

ART CLASSES, CREATIVE GROUPS, MUSIC AND MORE...



PAPER
WREATH
CLASSES

Join in making this beautiful
14"x14" paper wreath.

Please plan on all three class dates.
Wednesday, January 15, 22, 29.
10:00am Craft Room
\$20pp
Please sign-up!

GERRY & GINGER "The Song Masters" SING-A-LONG

We are pleased to present in concert Jerry and Ginger "The Song Masters" from Minneapolis, on Thursday, January 23rd at 2 p.m. in the Performance Room.

They are known as the longest continuously singing Southern Gospel group in the Midwest. Jerry and Ginger have traveled extensively, singing the praises of God in churches, crusades, rallies, banquets, schools, county fairs, and TV and radio appearances. They have received recognition in several publications, winning national acclaim on the front page of the Wall Street Journal, and have recorded 33 albums.

Residents Mavis and David will also perform along with Jerry and Ginger.

We Hope To See You There!



3

**Coffee Outing
Annabella House
In Osseo**

Tuesday, January 28th
Charming cafe offering creative coffee flights, in a cozy space.

9:45am Bus Leaves
Please Sign-Up
Coffee & Food at your own expense.



4

**Ladies Lunch
Carols
In Coon Rapids**

Tuesday, January 7th
FYI, Carols, no longer takes reservations, so we may have to stay on the bus until tables are open.

11:30am Bus Leaves
Please Sign-Up
Lunch is at your own expense.



5

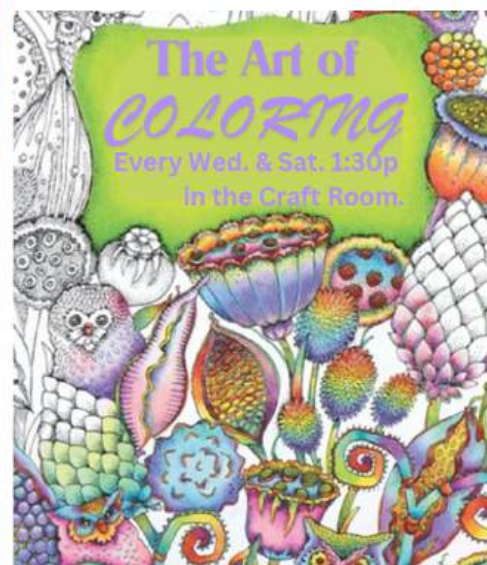
**Men's Lunch
SilverCreek On Main**

Friday, January 24th
Menu TBD
11:00am - ILDR
Please Sign-Up

Lunch is at your own expense.



Quilting
with Friends
Every Friday at 2:00pm
in the Craft Room.



**The Art of
COLORING**
Every Wed. & Sat. 1:30p
in the Craft Room.



Knitting Group
Every Monday at 2:00pm
in the Craft Room.

HAPPENINGS

EVENTS AND ENTERTAINMENT

Fellas & Dolls
SPEAKEASY

Thursday, January 30th
 2:00pm - 4:00pm IL Dining

Password required for Admittance.
 Prohibition Era Clothing Encouraged.

The pass word is: "I would like to buy some furniture"

BEACH PARTY
at the pool

Tuesday, January 14th
 1:00pm-3:00pm

Join us at the pool for some fun!
 We'll provide the drinks.
 Just bring your towel and gear.
 Vote on the best sand sculptures!
 Watch the "Beach Party" movie
 from 1964 by the pool!

BOOKS & MOVIES

MONTHLY MESSAGES FROM SILVERCREEK

	True Spirit January 4th 2:00pm Rated TV-PG	The story of Australian teenager, Jessica Watson, the youngest person ever to sail solo nonstop around the world.
	Greater Biography January 12th 2:00pm PG	The story of Brandon Burlsworth, possibly the greatest walk-on in the history of college football.
	Enola Holmes Mystery January 19th 2:00pm Rated PG-13	When Enola Holmes, Sherlock's sister, discovers her mother is missing, she endeavors to find her, becoming a super-sleuth in her own right as she outwits her famous brother and unravels a dangerous conspiracy.
	The Miracle Club Comedy January 26th 2:00pm Rated PG-13	There's just one dream for the women of Ballygar to taste freedom: to win a pilgrimage to the sacred French town of Lourdes.

Vintage **FILM SOCIETY**

Mama Mia
 Wednesday, February 8th, 2:00pm
 Staring Meryl Streep and Pierce Brosnan

To Kill a Mockingbird
 Wednesday, February 15th, 2:00pm
 Staring Gregory Peck

Book Club

EVERY 3RD WEDNESDAY OF THE MONTH AT 10:30AM IN THE DEN

JANUARY BOOK
 "Homecoming"
 by Kate Morton

FEBRUARY BOOK
 "The Lost Bookshop"
 by Elvie Woods

FAITH

SUNDAY SERVICES

Every Sundays - 10:30am Chapel

ROSARY

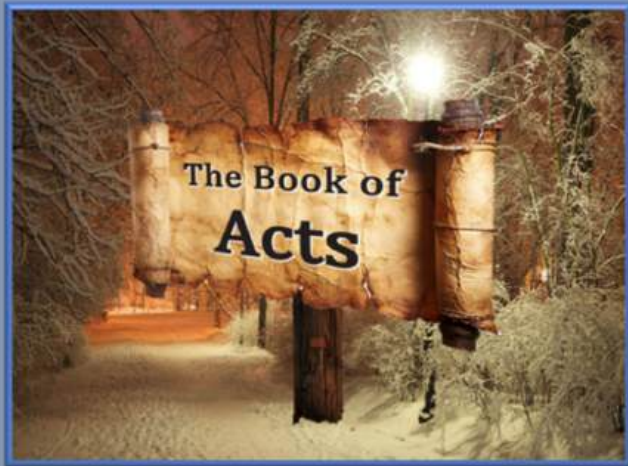
1st, 2nd and 4th Wednesdays
at 6:30pm Chapel

CATHOLIC COMMUNION

3rd Wednesdays
6:30pm Chapel

EPISCOPALIAN COMMUNION

Saturdays
11:00am Chapel



The Book of
Acts

SilverCreek Bible Study

Bruce & Lois
Mondays at 10:30
Multi-Media
2nd Floor Chapel/Performance Room

HAPPENINGS

EVENTS AND ENTERTAINMENT



COOKING for TWO

We are creating a cookbook.
Please submit your favorite recipes to
Programming@silvercreekonmain.com
by the end of January. We will convert
the recipe to small portions.



SOUP DEMONSTRATION
THURSDAY, JANUARY 16TH



2:00PM BISTRO

Come together with friends, for an
unforgettable mouthwatering soup
demonstration. Please sign-up!

400th
Bible Study

SILVERCREEK ON MAIN
A SILVERCREEK COMPANY

5th Edition

THE SilverCreek Extra Celebrating 9 Yrs.

You are Invited

Let's All Celebrate
Main Dining Room—Monday, January 20th at 2:00PM

The Bible Study Hits 400

Read and Study
the Bible Together
Each Week

Acts of the Apostles
Prayer
Gospel Music
Human Interests
Special Events

Monday's @ 10:30
Chapel/Performance



Christine Shidla, VP Operations
Keynote Speaker
Music and Refreshments

THIS IS THE DAY THE
Lord
HAS MADE
LET US REJOICE AND
BE GLAD IN IT.
PSALM 118:24

Bruce & Lois



Andrea
Erickson



Suzy
Nardini

**BASILICA OF
SAINT MARY**

Christmas Tour

GUIDED
TOUR



JAN | 3rd | 9:30AM

Join us for a tour of the Basilica of
Saint Mary's in Minneapolis.
Please sign-up to be on the tour to
see the basilica in all its glory.



**CASINO
Outing**

Get ready for an afternoon of fun and
excitement at Mystic Lake & Little Six.

Thursday, January 9th

Bus Leaves 12:00p
Home at 4:30p
Please Sign-up

JANUARY CALENDAR 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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LOCATION GUIDE

AS = Aerobics Studio	PDR= Private Dining	RF1 = Reflections 1
P = Pool	B = Bistro	RF2 = Reflections 2
WC= Wellness Center	ALDR= AL Dining	CR = Craft Room
CY= Court Yard	DR = IL Dining	C = Chapel
L= Library	TGR = Great Room	PR = Performance Room
	L/O = Lobby/Outings	FR = Family Conference

WED1 = Weaver E Den
WEM1 = Weaver E Midway
WES2 = Weaver E Study
WEG3 = Weaver E Game
WEB4 = Weaver E Birds Nest



<p>5 Wellness Ctr. Closed</p> <p>10:30a Sunday Service-C Communion</p> <p>12:00p Lunch-ILD</p> <p>1:30p Mahjong-WE2</p> <p>6:30p Game Choice-WE2S</p>	<p>6 Medical/Shop</p> <p>10:30p Bible Study-C</p> <p>12:30p Tech Support - PR</p> <p>2:00p Needle Group-CR</p> <p>6:30p Rummikub-WE2S</p>	<p>7</p> <p>9:30a Cribbage-GR</p> <p>11:30a Ladies Lunch - Carols</p> <p>12:30p AL Activity - Bean Boozled - ALDR</p> <p>2:00p Card Bingo-GR</p>	<p>8 Shopping</p> <p>10:00a 500-GR</p> <p>10:00a Chef's Table - ILDR</p> <p>10:00a Hearing Clinic - FR</p> <p>1:30p Art of Coloring-CR</p> <p>2:00p Vintage Film Society</p> <p>3:00p AL Resident Council</p> <p>6:00p Rosary-C</p>	<p>9</p> <p>12:00p Casino Trip</p> <p>1:00p Bridge-WE2S</p> <p>6:30p Mahjong-WE2</p>	<p>10</p> <p>9:30a Cribbage-GR</p> <p>10:00a Men's Group-TGR</p> <p>2:00p Quilting Group-CR</p> <p>2:00p Card Bingo-GR</p>	<p>11</p> <p>12:30p Poker-TGR</p> <p>1:30p Art of Coloring-CR</p> <p>1:30p Hand & Foot-WE2S</p> <p>2:00p Movie - Greater</p>
<p>12 Wellness Ctr. Closed</p> <p>10:30a Sunday Service- C</p> <p>12:00p Lunch-ILD</p> <p>1:30p Mahjong-WE2</p> <p>6:30p Game Choice-WE2S</p>	<p>13 Medical/Shop</p> <p>10:30 Bible Study-C</p> <p>12:00p AL-Trivia- ALDR</p> <p>2:00p Needle Group-CR</p> <p>2:00p Guided Meditation Wellness Center</p> <p>6:30p Rummikub-WE2S</p>	<p>14</p> <p>9:30a Cribbage-GR</p> <p>11:00a Beach Bar Lunch - ILDR</p> <p>1:00p Beach Party - Pool</p> <p>2:00p Card Bingo-GR</p>	<p>15 Shopping</p> <p>10:00a 500-GR</p> <p>10:00a Wreath Making - CR</p> <p>10:30a Book Club - D</p> <p>1:30p Art of Coloring-CR</p> <p>2:00p Vintage Film Society</p> <p>6:30p Rosary-C</p>	<p>16</p> <p>1:00p Bridge-WE2S</p> <p>2:00p Soup Demo - B</p> <p>6:30p Mahjong-WE2</p>	<p>17</p> <p>9:30a Cribbage-GR</p> <p>10:30a Men's Group -TGR</p> <p>2:00p Quilting Group-CR</p> <p>2:00p Card Bingo-GR</p>	<p>18</p> <p>12:30p Poker-TGR</p> <p>1:30p Art of Coloring-CR</p> <p>1:30p Hand & Foot-WE2S</p> <p>2:00p Movie - Enola Homes</p>
<p>19 Wellness Ctr. Closed</p> <p>10:30a Sunday Service-C</p> <p>12:00p Lunch-ILD</p> <p>1:30p Mahjong-WE2</p> <p>6:30p Game Choice-WE2S</p> <p>Martin Luther King Day </p>	<p>20 Medical/Shop</p> <p>10:30p Bible Study-C</p> <p>12:00p AL-Trivia- ALDR</p> <p>2:00p Needle Group-CR</p> <p>2:00p Bible Study 400th Anniversary - ILDR</p> <p>6:30p Rummikub-WE2S</p>	<p>21</p> <p>9:30a Cribbage-GR</p> <p>1:00p AL Activity - ALDR</p> <p>Hot Cocoa</p> <p>Rice Krispies Treat</p> <p>2:00p Card Bingo-GR</p>	<p>22 Shopping</p> <p>10:00a 500-GR</p> <p>10:00a Wreath Making - CR</p> <p>11:45a AL - Town Hall-ALDR</p> <p>1:30p Art of Coloring-CR</p> <p>2:00p Town Hall - PR</p> <p>6:30p Rosary-C</p>	<p>23</p> <p>11:00a Waffle Bar - ILDR</p> <p>1:00p Bridge-WE2S</p> <p>2:00p Sign-Along - PR</p> <p>6:30p Mahjong-WE2</p>	<p>24</p> <p>9:30a Cribbage-GR</p> <p>11:00a Men's Group Lunch - ILDR</p> <p>2:00p Quilting Group-CR</p> <p>2:00p Card Bingo-GR</p>	<p>25</p> <p>12:30p Poker-TGR</p> <p>1:30p Art of Coloring-CR</p> <p>1:30p Hand & Foot-WE2S</p> <p>2:00p Movie - The Miracle Club</p>
<p>26 Wellness Ctr. Closed</p> <p>10:30a Sunday Service-C Communion</p> <p>12:00p Lunch-ILD</p> <p>1:30p Mahjong-WE2</p> <p>6:30p Game Choice-WE2S</p>	<p>27 Medical/Shop</p> <p>10:30p Bible Study-C</p> <p>12:00p AL-Trivia- ALDR</p> <p>2:00p Needle Group-CR</p> <p>6:30p Rummikub-WE2S</p>	<p>28</p> <p>9:30a Cribbage-GR</p> <p>9:45a Coffee Outing Annabella House</p> <p>12:00p AL Activity - ALDR</p> <p>Name That Tone</p> <p>2:00p Card Bingo-GR</p>	<p>29 Shopping</p> <p>10:00a 500-GR</p> <p>10:00a Wreath Making - CR</p> <p>10:30a Book Club - D</p> <p>1:30p Art of Coloring-CR</p> <p>6:30p Rosary-C</p>	<p>30</p> <p>1:00p Bridge-WE2S</p> <p>2:00p Speakeasy HH - ILDR All Floors</p> <p>6:30p Mahjong-WE2</p>	<p>31</p> <p>9:30a Cribbage-GR</p> <p>10:30a Men's Group - TGR</p> <p>2:00p Quilting Group-CR</p> <p>2:00p Card Bingo-GR</p>	<p>Color Code:</p> <p>Red: New Activities/Events</p> <p>Blue: Shopping/Wellness</p> <p>Green: Groups - Men's Women's, Bible Study</p> <p>Black: Resident Run Activity</p> <p>Orange: Special Activity</p> <p>Purple: Movies</p>