




SILVERCREEK ON MAIN - REFLECTIONS 1 - DECEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45 Hymn Sing with Erin 10:30 SUNDAY SERVICE (CH) 1:00 Trivia with Erin 2:30 Refreshments/Snack 3:30 Exercise with Erin	2 Happy birthday, Bob H.! 10:00 Ball Toss with Erin 10:15 Word Games with Erin 2:30 Refreshments/Snack 2:30 Sing Along with Erin 3:00 Fitness Class with Michelle 6:30 Wheel of Fortune (Ch. 4)	3 10:00 Christmas Decorating 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Holiday This or That with Erin 6:00 Games with Becca 6:30 Wheel of Fortune (Ch. 4)	4 10:00 Morning Stretch with Erin 11:00 Christmas Music with Erin 1:30 Christmas Decorating 2:30 Refreshments/Snack 6:00 Sing Along with Becca 6:30 Wheel of Fortune (Ch. 4)	5 10:00 Move to Music with Becca 11:00 Reminisce Winter with Becca 2:00 CONCERT WITH BOBBY & CHRISTINE 2:30 Refreshments/Snack 2:30 Step-in-Time 6:30 Wheel of Fortune (Ch. 4)	6 Happy St. Nicholas Day! 10:00 Catholic Ecumenical Service/Gospel Songs 1:30 Name that Christmas Song 2:30 Refreshments/Snack 4:00 "The Gene Autry Show" on TV 6:30 Wheel of Fortune (Ch. 4)	7 SILVERCREEK HOLIDAY OPEN HOUSE 10:00am - 12:00pm FAMILY FRIENDLY EVENT FEATURING TREATS, SANTA & MRS. CLAUS, COOKIE DECORATING, AND HOLIDAY MUSIC 2:30 Refreshments/Snack 2:30 Games with Becca 3:45 Listen to Music
8 9:45 Hymn Sing with Erin 10:30 SUNDAY SERVICE (CH) 1:00 Reminisce with Erin 2:30 Refreshments/Snack 3:30 Balloon Volley with Erin	9 10:00 Noodle Ball with Erin 10:15 Word Games with Erin 2:30 Refreshments/Snack 2:30 Karaoke with Erin 3:00 Fitness Class with Michelle 6:30 Wheel of Fortune (Ch. 4)	10 10:00 Exercise with Erin 11:00 Christmas Trivia with Erin 1:30 Hot Cocoa Bar 2:30 Refreshments/Snack 2:30 Step-in-Time 3:30 Nat King Cole Christmas on TV 6:00 Games with Becca	11 9:45 - MNEME THERAPY PAINTING WITH LARRY 11:00 1:30 Reminisce with Art 2:30 Refreshments/Snack 4:00 Christmas Would You Rather 6:00 Sing Along with Becca 6:30 Christmas Movie Night	12 10:00 Move to Music with Becca 11:00 Reminisce Friends with Becca 1:30 Decorate Gingerbread Houses 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Lawrence Welk Christmas Show on TV 6:30 Wheel of Fortune (Ch. 4)	13 10:00 Catholic Ecumenical Service/Gospel Songs 1:30 Stories with Becca 2:30 Refreshments/Snack 4:00 Andy Williams Christmas Show on TV 6:30 Wheel of Fortune (Ch. 4)	14 10:00 Morning Fun with Becca 2:30 Refreshments/Snack 2:30 Games with Becca 3:45 Listen to Music
15 9:45 Hymn Sing with Erin 10:30 SUNDAY SERVICE (CH) 1:00 Trivia with Erin 2:30 Refreshments/Snack 3:30 Exercise with Erin	16 10:00 Balloon Volley with Erin 10:15 Word Games with Erin 2:30 Refreshments/Snack 2:30 Sing Along with Erin 3:00 Fitness Class with Michelle 6:30 Wheel of Fortune (Ch. 4)	17 10:00 Exercise with Erin 11:00 Christmas Close-Ups w/ Erin 1:30 Bingo with Erin 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Reminisce Christmas Decorations 6:00 EVENING LIGHT TOUR 6:30 Wheel of Fortune (Ch. 4)	18 10:00 Morning Stretch with Erin 10:30 RESIDENT COUNCIL 11:00 Music with Erin 1:30 "CHRISTMAS WITH THE KRANKS" MOVIE (PR) 2:30 Refreshments/Snack 6:00 Sing Along with Becca 6:30 Wheel of Fortune (Ch. 4)	19 10:00 Move to Music with Becca 11:00 Christmas Sing Along with Becca 1:30 Crafting with Becca and Erin 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Johnny Cash Christmas Show on TV 6:30 Wheel of Fortune (Ch. 4)	20 10:00 Catholic Ecumenical Service/Gospel Songs 1:30 Christmas Trivia with Becca 2:30 Refreshments/Snack 4:00 "The Sound of Christmas" w/ Julie Andrews and John Denver on TV 6:30 Wheel of Fortune (Ch. 4)	21 10:00 Morning Fun with Becca 2:30 Refreshments/Snack 2:30 Games with Becca 3:45 Listen to Music
22 9:45 Hymn Sing with Erin 10:30 SUNDAY SERVICE (CH) 1:00 Reminisce with Erin 2:30 Refreshments/Snack 3:30 Noodle Ball with Erin	23 9:45 Ball Toss with Erin 10:15 Word Games with Erin 2:00 A CROONER CHRISTMAS CONCERT WITH TODD ANDERSON 2:30 Refreshments/Snack 3:00 Fitness Class with Michelle 6:30 Wheel of Fortune (Ch. 4)	24 CHRISTMAS EVE 10:00 Exercise with Erin 11:00 Christmas Trivia with Erin 1:30 Bingo with Erin 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Reminisce Christmas 6:00 Games with Becca 6:30 Wheel of Fortune (Ch. 4)	25 Merry Christmas! Hanukkah starts tonight! 10:00 Christmas Carols with Staff 1:30 Christmas Movie 2:30 Refreshments/Snack 6:30 Wheel of Fortune (Ch. 4) 	26 10:00 Move to Music with Becca 11:00 Junk Drawer Detective 1:30 Pondering Prompts w/ Becca 2:30 Refreshments/Snack 2:30 Step-in-Time 4:00 Holiday Trivia with Becca 6:30 Wheel of Fortune (Ch. 4)	27 10:00 Catholic Ecumenical Service/Gospel Songs 1:30 Driving Simulator with Becca 2:30 Refreshments/Snack 4:00 Lawrence Welk Show on TV 6:30 Wheel of Fortune (Ch. 4)	28 10:00 Morning Fun with Becca 2:30 Refreshments/Snack 2:30 Games with Becca 3:45 Listen to Music
29 HAPPY BIRTHDAY JANET! 9:45 Hymn Sing with Erin 10:30 SUNDAY SERVICE (CH) 1:00 Trivia with Erin 2:30 Refreshments/Snack 3:30 Exercise with Erin	30 9:45 Noodle Ball with Erin 10:15 Word Games with Erin 2:30 Refreshments/Snack 2:30 Karaoke with Erin 3:00 Fitness Class with Michelle 6:30 Wheel of Fortune (Ch. 4)	31 10:00 Exercise with Erin 11:00 New Year's Trivia with Erin 2:30 NEW YEAR'S EVE PARTY 2:30 Step-in-Time 6:00 Games with Becca 6:30 Wheel of Fortune (Ch. 4)	MEALTIMES 8:00 <i>Breakfast</i> 12:00 <i>Lunch</i> 5:00 <i>Dinner</i>	 PROGRAM & EVENTS 2024 *Calendar subject to change*		

REFLECTIONS STAFF:

Clinical Director - Gladys Aakre (763) 955-1770
 Registered Nurse - Loretta Gborplay (763) 955-1769

Director of Reflections - Emily Jass (763) 955-1992
 Resident Care Coordinator - Anna Phongmany (763) 955-1762

LOCATIONS:

"1" = First Floor CH = Chapel
 "2" = Second Floor PR = Performance Room