

SILVERCREEK ON MAIN - REFLECTIONS 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Meal Times</i></p> <p>8:00 Breakfast</p> <p>12:00 Lunch</p> <p>5:00 Dinner</p>	 <p>PROGRAM & EVENTS 2024</p> <p><i>*Calendar subject to change*</i></p>				<p>1</p> <p>11:15 Gospel Sing Along with RAs 1:30 Puzzles with RAs 2:30 Refreshments/Snack 4:00 Classic TV Comedies 6:30 Wheel of Fortune (CH 4)</p>	<p>2</p> <p>11:00 Sing Along with RAs 1:30 Coloring with RAs 2:30 Refreshments/Snack 3:45 Listen to Music 6:30 Wheel of Fortune (CH 4)</p>
<p>3 DAYLIGHT SAVINGS TIME ENDS Set your clocks back 1 hour!</p> <p>10:30 SUNDAY SERVICE- CH 11:00 Hymn Sing with Erin 2:00 Reminisce with Erin 2:30 Refreshments/Snack 4:00 Balloon Volley with Erin</p>	<p>4</p> <p>11:00 Ball Toss with Erin 11:30 Word Games with Erin 1:30 Sing Along with Erin 2:30 Refreshments/Snack 3:30 Bingo with Erin 6:30 Wheel of Fortune (CH 4)</p>	<p>5</p> <p>11:00 Exercise with Erin 11:30 Trivia with Erin 1:30 Classic TV Comedies 2:30 Refreshments/Snack 4:00 Games with Erin 6:30 Wheel of Fortune (CH 4)</p>	<p>6 Happy birthday, Velma!</p> <p>10:45 Morning Stretch with Becca 11:15 Sing Along with Becca 1:30 Tabletop Bowling with Becca 2:30 Refreshments/Snack 3:00 Fitness Class with Sam 4:00 Pondering Prompts with Becca 6:30 Evening Fun with Becca</p>	<p>7</p> <p>10:00 Exercise with Erin 11:00 Cooking/Baking Reminisce 1:30 Games with Erin 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Center) 4:00 Musical Trivia with Erin 6:30 Wheel of Fortune (CH 4)</p>	<p>8 CRAFT FAIR 9a-4p IL Dining Room</p> <p>11:15 Bible Study with Becca 1:30 Piano Concert on TV 2:30 Refreshments/Snack 4:00 Instrument Trivia with Becca 6:30 Wheel of Fortune (CH 4)</p>	<p>9 CRAFT FAIR 9a-12p IL Dining Room</p> <p>11:00 Morning Fun with Becca 1:00 Bingo 2:30 Refreshments/Snack 3:45 Listen to Music 6:30 Wheel of Fortune (CH 4)</p>
<p>10 US Marine Corps Birthday</p> <p>10:30 SUNDAY SERVICE- CH 11:00 Hymn Sing with Erin 2:00 Trivia with Erin 2:30 Refreshments/Snack 4:00 Exercise with Erin</p>	<p>11 🇺🇸 Happy Veteran's Day! 🇺🇸</p> <p>11:00 Noodle Ball with Erin 11:00 Veteran's Program (PR) 11:30 Word Games with Erin 12:00 Veteran's Luncheon (IL DR) 1:30 Karaoke with Erin 2:30 Refreshments/Snack 3:30 Bingo with Erin 6:30 Wheel of Fortune (CH 4)</p>	<p>12</p> <p>11:00 Exercise with Becca 11:30 Trivia with Becca 1:30 Games with Becca 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Center) 3:30 Art with Becca 6:30 Evening Fun with Becca</p>	<p>13 World Kindness Day</p> <p>9:30 MNEME THERAPY PAINTING 10:45 Morning Stretch with Becca 11:15 Sing Along with Becca 1:30 Painting with Becca 2:30 Refreshments/Snack 3:00 Fitness Class with Sam 4:00 Self Care with Becca 6:30 Evening Fun with Becca</p>	<p>14 Operating Room Nurse Day</p> <p>10:00 Exercise with Erin 11:00 Childhood Reminisce 2:30 FOOD DEMO 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Center) 4:00 Play TV Games 6:30 Wheel of Fortune (CH 4)</p>	<p>15</p> <p>11:15 Bible Study with Becca 1:30 "Minnesota Bound" on TV 2:30 Refreshments/Snack 4:00 Stories with Becca 6:30 Wheel of Fortune (CH 4)</p>	<p>16</p> <p>11:00 Morning Fun with Becca 1:00 Bingo 2:30 Refreshments/Snack 3:45 Listen to Music 6:30 Wheel of Fortune (CH 4)</p>
<p>17</p> <p>10:30 SUNDAY SERVICE- CH 11:00 Hymn Sing with Erin 2:00 Trivia with Erin 2:30 Refreshments/Snack 4:00 Ball Toss with Erin</p>	<p>18</p> <p>11:00 Balloon Volley with Erin 11:30 Word Games with Erin 1:30 Music with Erin 2:30 Refreshments/Snack 3:30 Bingo with Erin 6:30 Wheel of Fortune (CH 4)</p>	<p>19</p> <p>11:00 Exercise with Becca 11:30 Name That Celebrity w/ Becca 1:30 Lawrence Welk Show on TV 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Center) 3:30 Card Making with Vicki 6:30 Evening Fun with Becca</p>	<p>20</p> <p>10:45 Morning Stretch with Becca 11:15 RESIDENT COUNCIL 1:30 Reminisce Toys & Games 2:30 Refreshments/Snack 3:00 Fitness Class with Sam 4:00 Games with Becca 6:30 Evening Fun with Becca</p>	<p>21</p> <p>10:00 Exercise with Erin 11:00 TV Trivia with Erin 1:30 Classic TV Comedies 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Center) 3:30 Gingerbread Cookie Decorating 6:30 Wheel of Fortune (CH 4)</p>	<p>22</p> <p>11:15 Bible Study with Becca 1:30 Concert on TV 2:30 Refreshments/Snack 4:00 Driving Simulator with Becca 6:30 Wheel of Fortune (CH 4)</p>	<p>23</p> <p>11:00 Morning Fun with Becca 1:00 Bingo 2:30 Refreshments/Snack 3:45 Listen to Music 6:30 Wheel of Fortune (CH 4)</p>
<p>24 Start of Better Conversation Week</p> <p>10:30 SUNDAY SERVICE- CH 11:00 Hymn Sing with Erin 2:00 Conversation Cards with Erin 2:30 Refreshments/Snack 4:00 Noodle Ball with Erin</p>	<p>25</p> <p>11:00 Ball Toss with Erin 11:30 Word Games with Erin 1:30 Sing Along with Erin 2:30 Refreshments/Snack 3:30 Bingo with Erin 6:30 Wheel of Fortune (CH 4)</p>	<p>26</p> <p>11:00 Exercise with Becca 11:30 Trivia with Becca 1:30 Charlie Brown Coloring 2:00 HAND MASSAGE SPA 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Center) 4:00 Stories with Becca 6:30 Evening Fun with Becca</p>	<p>27</p> <p>10:45 Morning Stretch with Becca 11:15 Sing Along with Becca 1:30 Classic TV Comedies 2:30 Refreshments/Snack 3:00 Fitness Class with Sam 3:30 Flower Arranging with Becca and Erin 6:30 Evening Fun with Becca</p>	<p>28 🦃 Happy Thanksgiving! 🦃</p> <p>10:00 Sing Along 1:30 Afternoon Movie 2:30 Refreshments/Snack 6:30 Wheel of Fortune (CH 4)</p>	<p>29</p> <p>11:15 Bible Study with Becca 1:30 Game Shows on TV 2:30 Refreshments/Snack 4:00 Coloring with Becca 6:30 Wheel of Fortune (CH 4)</p>	<p>30</p> <p>11:00 Morning Fun with Becca 1:00 Bingo 2:30 Refreshments/Snack 3:45 Listen to Music 6:30 Wheel of Fortune (CH 4)</p>

REFLECTIONS STAFF:

Clinical Director - Gladys Aakre (763) 955-1770
Registered Nurse - Loretta Gborplay (763) 955-1769

Director of Reflections - Emily Jass (763) 955-1992
Resident Care Coordinator - Anna Phongmany (763) 955-1762

LOCATIONS:

"1" = First Floor CH = Chapel
"2" = Second Floor PR = Performance Room