

ON-SITE COMMUNITY SERVICES TO SCHEDULE APPOINTMENT. SEE CONTACTS BELOW.

Leave a message if unavailable.

SALON -

Tracy Osier, Owner (763) 955-1761

HAIR STYLIST -

Patty Bahl (763) 955-1761

NAIL TECHNICIAN -

Debra Rangel (763) 229-5179

AHI PODIATRY -

Jessie Rustad (952) 283-3169

ASCEND REHABILITATION -

Krystle Plohocky (612) 268-8752

NEW COVERED Medicare plan for dementia patients and their caregivers

Amy House, Certified Dementia Practitioner and expert dementia trainer for SilverCrest, will talk about what the program entails, how to qualify and how to enroll.

**Wednesday,
September 25th
2:00pm
Performance Room**

LIFESTYLE

LIVE THE LIFE YOU LOVE



SILVERCREEK ON MAIN STAFF CONTACT LIST

Executive Director - Andrea Erickson	aberickson@silvercreekonmain.com	(763) 955-1753
Assistant Executive Director - Kristin Yang	kyang@silvercreekonmain.com	(763) 955-1995
Marketing Director - Jennifer Olson	Jolson@silvercreekonmain.com	(763) 955-1752
Marketing Associate - Haylie Conzet	hconzet@silvercreekonmain.com	(763)-269-6094 or ext. 1739
Director of Programs - Suzy Nardini	snardini@silvercreekonmain.com	(763) 955-1771
Director of Reflections - Emily Jass	ejass@silvercreekonmain.com	(763) 955-1992
Director of Wellness - Angela Kalkbrenner	akalkbrenner@silvercreekonmain.com	(763) 955-1759
Wellness Coordinator - Deb Bray	dbray@silvercreekonmain.com	(763) 955-1758
Wellness Coordinator - Sam Wallace	swallace@silvercreekonmain.com	(763) 955-1758
Clinical Director - Gladys Aakre, RN	gaakre@silvercreekonmain.com	(763) 955-1770
Nurse - Loretta Gborplay, RN	lgborplay@silvercreekonmain.com	(763) 955-1769
Director of Admin - Caely Boerboom	cboerboom@silvercreekonmain.com	(763) 955-1754
Director of Res. Services - Anna St. Amant	astamant@silvercreekonmain.com	(763) 296-6093 ext. 1738
Resident Care Coord. - Anna Phongmany	aphongmany@silvercreekonmain.com	(763) 955-1762
Director of Dining Services - Melanie Hall	mhall@silvercreekonmain.com	(763) 955-1755
Kitchen Extension		(763) 955-1756
Housekeeping - Cheryl Brazil	cbrazil@silvercreekonmain.com	(763) 955-1763
Reception Desk - Shellie, Michelle, Marilyn, Tierra, Sandy, Rachel		(763) 955-1751

"ALL WORK ORDER REQUESTS DURING AND AFTER BUSINESS HOURS: (763) 955-1751"

INSIDE THIS ISSUE

From Us to You	2
Reminders	3
Healthy Choices	4
Nursing	5
The Full Helping	6-7
Happenings	8-9
Calendar	10-11
Faith & Events	12
Books & Movies	13
Artisan Ave	14
Celebrations	15
Assisted Living	16
Election	17
Services	18
Reflections	19
Contacts	20

FROM US TO YOU

MONTHLY MESSAGES FROM SILVERCREEK

A MESSAGE FROM THE EXECUTIVE DIRECTOR

by Andrea Erickson

I want to wish everyone a happy and restful Labor Day! Today we celebrate the spirit of hard work and determination that drives our country forward – whether you are currently in the workforce or retired – thank you for your contributions! Here at SilverCreek on Main, we feel fortunate our day-to-day work offers us the opportunity to make a difference in the lives of seniors and their loved ones.

The completion date for our new Townhomes is getting closer! We are enjoying seeing the outdoor transformation with landscaping and final property work being completed. Once complete – we will be planning a Grand Opening Celebration – details coming soon. If you'd like more information about the new townhomes – please contact our Marketing Director, Jennifer Olson at jolson@silvercreekonmain.com, or call her at 763-955-1752.

Thank you,
Andrea



REFLECTIONS

HIGHLIGHTS FROM MEMORY CARE

Greetings from Reflections!

What a fun summer we've had! Our gardens are plentiful and we've enjoyed a lot of time out on the patio. We added a few bird feeders so it has been fun to watch the birds. We had our own Olympic games and everyone was awarded a gold medal for their great efforts.

Here are a few helpful tips if you are supporting a person living with dementia:

- If your loved one says something that isn't true, do not try to correct them. (It will only cause frustration, anger, and anxiety.) Rather, live in their reality.
- Reminisce with them about favorite memories from their childhood or young adult years. Long term memories stay with a person with dementia much longer than things that happened in their recent past.
- Use validation therapy. This is a way to approach a person with dementia with empathy and understanding. Try to spend time just listening to the person with dementia. Acknowledge their feelings which will help them feel heard and supported.
- Listen to the emotions behind their words, especially if the words don't make a lot of sense.
- Put yourself in their shoes.

Have a great month!



RESIDENT SERVICES

MONTHLY MESSAGES FROM OUR RESIDENT SERVICES DEPARTMENT



FREE

Hearing Clinic

Wednesday, September 18th
11:00am
Performance Room

Join us for this educational session. There will be an opportunity after to sign up for a personal hearing screening and hearing aid cleanings.



Flu & COVID Vaccine Clinic

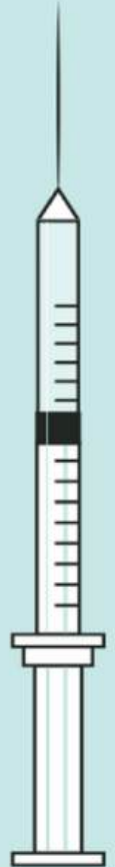
Sign up in the binder in the mailroom by the Front Desk

Please complete each vaccine's consent form and submit it at the Front Desk along with a copy of your Medicare B & Part D.

Monday, September 23
1:00PM - 4:00PM
In the Performance Room

Deadline to sign up is Sept. 18

For more information or questions call Anna, Resident Services Director
763-296-6093
or ext. 1738



MISSING PROGRAMMING CART

We are missing a Rubbermaid cart in programming. If you happened to have borrowed it, please return it to the Craft Room. Thank you.



REMINDERS

COMMUNITY UPDATES, REMINDERS AND NEWS

Pet Policy Guidance

We have had some situations recently where residents' pets have been spending time in common spaces – we thought it would be helpful for all if we remind everyone of the Pet Policy Guidance;

Pets should not be in common areas or hallways for an extended period of time. Pets should only be in hallways as they are walked out of the building, and they should be on a leash and under control of the owner at all times.

Pets are not allowed to enter the Bistro, Dining Rooms, and/or Wellness Center. During activities and events – pets are not allowed to attend.

We need to be mindful that not all people are comfortable around pets or may have allergies. Also, it is especially important that pets do not spend time in areas where food is served.

HVAC Filter Change

It is that time of the year for filter changes in the fall! Our Environmental Services Team is prepping to change out the HVAC filter in your unit in October. They will begin filter changes the Week of October 7th starting with the 4th floor apartments, moving are way down to the 1st floor. Please make sure the area in front of HVAC closet is clear so the team can easily access the unit. More details on the project are posted in the mailrooms.

Event Sign-ups

SilverCreek on Main offers a wide variety of exciting activities and outings. There is a lot of planning that goes into events and outings – including logistics, RSVPs and doing our best to accommodate all who would like to attend.

A problem we have had recently is a large number of last-minute cancelations – we understand that some cancelations are unavoidable however we are asking residents to check calendars, and make sure the event/outing they are signing up for will work for them in advance of signing up and taking a spot. When we have so many last-minute cancelations – we then have to scramble and call the wait list and those on the wait list have short notice to be ready for the event/outing.

Please be considerate – if you sign up for events/outings do your best to attend and if you do have to cancel, please provide the programming team with as much notice as possible so they can make other arrangements.

Neighbors

One of the great benefits of living in a community like ours is all the people! We have over 300 residents living at SilverCreek on Main. You will find folks eating in the dining rooms, playing cards, exercising in the gym or simply hanging out in the lobby.

It's always a good idea to get to know your neighbors to improve your social well-being, have a sense of belonging, and to share information on events in our community.

HEALTHY CHOICES

MONTHLY MESSAGES FROM WELLNESS CENTER

Parkinson's

Every six minutes, someone is diagnosed with Parkinson's disease. Parkinson's disease (PD) is a type of neurologic movement disorder, affecting the brain and causing difficulty with movements, or motor symptoms. Treatment of Parkinson's is tailored to each individual's symptoms with the goal of managing those symptoms effectively and improving quality of life.

Here at SilverCreek on Main, we offer a Boxing class on Tuesday's at 9:45 AM to support those with Parkinson's and encourage them to be active. Anyone is welcome to attend Boxing, even if you have no neurological challenges.

On Saturday September 14th, in conjunction with American Parkinson Disease Association (APDA) of MN, we are hosting a Parkinson's Walk. We will gather in the AL Dinning room at 9:30 AM, head out for our walk at 10:00, and return for refreshments. Invite your family and friends to donate and participate!



September Athlete of the Month

Bob is often seen in the gym twice a day with a morning splash in the pool and an afternoon class.

Bob swam for the University of Oklahoma setting a conference record in the 200m breaststroke in 1950 and broke his record in 1951. He even had the opportunity to try out for the Olympic swim team.

His commitment and dedication to his personal wellness continues.

Congratulations Bob!



1:30 TO 2:30PM MONDAY
SEPTEMBER 9TH & 23RD

FRONT PATIO AREA
YELLOW (FORMALLY SCHWANS)
WILL ALSO BE STOPPING BY!



2024 ELECTIONS



2024 Elections

For your convenience, SilverCreek is offering Elections Services for the 2024 Elections.
SilverCreek Residents Only.

Option 1: Absentee Voting

Join us on Monday, September 16th in the Great Room from 12:00pm - 2:00pm to:

- **Fill out a Minnesota Voter Registration Application** (only if you have an address change or you are not registered in the state of MN)
- **Fill out your Minnesota Absentee Ballot Application** (only if you **do not** plan to vote in person on election day)

Option 2: In Person Voting (2 options)

- **Special SilverCreek Voting Day** (Maple Grove Government Center)
Thursday, October 10th
10:00am – 2:00pm
Sign-up for a shuttle service time (1 hour time slots) or drive on your own.
Benefits: Short line
Must have a valid driver's license with you.

- **Vote at Central Park, Maple Grove on Election Day**
Tuesday, November 5th
10:00-2:00pm
Sign -up for a shuttle service time (1 hour time slots) or drive on your own.
Must have a valid driver's license with you.

ASSISTED LIVING

ASSISTED LIVING & EAL RESIDENTS FOCUS



Inspiring GENERATIONS

NATIONAL ASSISTED LIVING WEEK® • SEP 8-14, 2024

JOIN US FOR A FUN WEEK OF ACTIVITIES

Monday, September 9th

ArmChair Travel - Route 66

12:00pm AL Dining Room

Includes trivia, music, memories and photos

Tuesday, September 10th

Decade Day

12:00pm AL Dining Room

Funny Hat Day Contest - Wear a fun hat. We will vote on our favorite Decade Game and Snacks - serving candy from different decades

Wednesday, September 11th

Game Day

12:00pm Bingo, AL Dining Room

Win prizes

Thursday, September 12th

Generation Day

10:00am Donuts & Crafts with Mom's Club Kids - AL Dining Room

1:30-2:30pm Open House - Serving Chocolate Milkshakes

3:00pm High School Teens - Board Games - AL Dining Room

Friday, September 13th

Family Day Lunch - Please invite your family to join you.

11:30am Family Lunch in the AL Dining Room

Photo Booth

Yana Reko Music Group

Generation Z
1997-2012

Millennials
1981-1996

Generation X
1965-1980

Baby Boomers
1946-1964

The Silent
Generation
1928-1945

NURSING

MONTHLY MESSAGES FROM OUR NURSING DEPARTMENT

Flu season poses significant risks for seniors who are more vulnerable to complications from influenza due to weakened immune systems. As people age, their ability to fight off infections diminishes, making them more susceptible to severe symptoms and potentially life-threatening complications like pneumonia, bronchitis, or worsening of chronic conditions such as asthma or heart disease. For seniors, even a typical flu can lead to hospitalization, and in some cases, it can be fatal. Thus, preventive measures and early treatment are crucial to protecting this demographic.

Vaccination is the most effective way for seniors to protect themselves against the flu. The Centers for Disease Control and Prevention (CDC) recommends that everyone over the age of 65 receive an annual flu shot, preferably before flu season begins in the fall. High-dose flu vaccines, specifically designed for older adults, provide stronger protection by triggering a more robust immune response compared to standard vaccines. In addition to vaccination, seniors should practice good hygiene, such as frequent handwashing and avoiding close contact with sick individuals, to reduce their risk of contracting the flu.

In addition to getting vaccinated, seniors should be mindful of their overall health during flu season. Maintaining a healthy diet, staying physically active, and managing chronic conditions can improve their immune function. It's also important for seniors to stay informed about flu activity in their area and seek medical advice promptly if they exhibit flu symptoms.

Early antiviral treatment can lessen the severity of the illness and reduce the risk of complications. Family members and caregivers also play a key role in helping seniors stay healthy by ensuring they receive vaccinations, follow preventive practices, and seek medical attention when needed.

SilverCreek On Main will be offering a flu vaccine clinic. Please see page 18th in the newsletter for more details.



THE FULL HELPING

SILVERCREEK **DINING IN** HIGHLIGHTS - PLEASE SIGN-UP IN DINING BOOK

RETRO CASSEROLE NIGHT

Just a whiff of a retro recipe can instantly take you back years, even decades. That's certainly the case with a vintage-style casserole, or should I say hotdish. The aroma of those creamy, cheesy, crunchy bakes isn't something we can forget, nor do we want to. So, we keep on making them. No matter the occasion—congratulations and condolences, service and comfort—a casserole says the same thing: Here you go, you deserve this.

Casseroles became popular in the United States in the 20th century, especially in the 1950s. The popularity of casseroles in the 1950s was due to a number of factors, including: Food preservation, Oven-proof cookware and food companies like Campbell's.

From our Tuna Noodle casserole to Goulash, these retro casserole recipes aren't going anywhere. (Thank goodness.)

Join us for a night of these classic favorites!

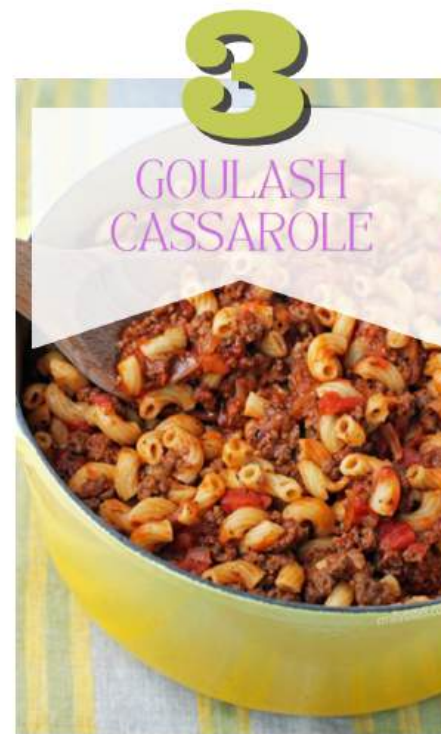
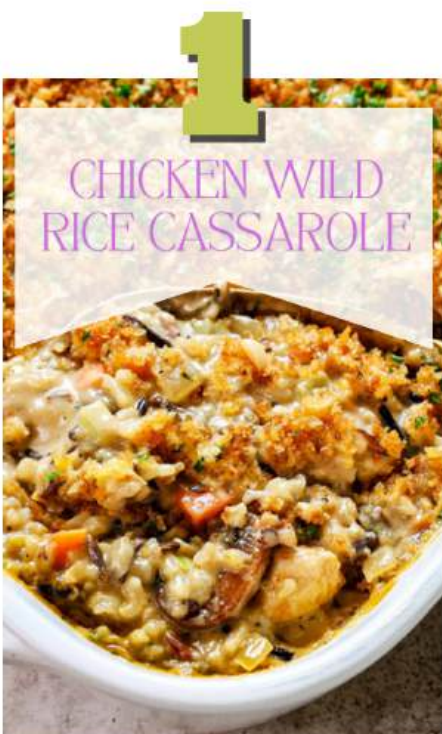
Date: Thursday, September 12th

Time: 5:00pm

Location: IL Dining Room

Cost:

Please sign-up in the dining book for your reservation.



CELEBRATIONS

BIRTHDAYS, ANNIVERSARYS, AWARDS AND NEW RESIDENTS

RESIDENTS BIRTHDAYS

- | | |
|--------------|----------------|
| 9/4 Barbara | 9/18 Barry |
| 9/4 Vicki | 9/18 Gary |
| 9/7 Barb | 9/19 Pat |
| 9/8 Karen | 9/19 Vince |
| 9/9 Del | 9/20 Shirley |
| 9/9 Don | 9/20 Marilyn |
| 9/10 Joan | 9/22 Roberta |
| 9/13 Sue | 9/23 Millicent |
| 9/15 Karen | 9/26 Shirley |
| 9/15 Verna | 9/28 Peter |
| 9/16 Maureen | 9/28 Dennis |
| 9/17 Judie | 9/39 Harold |

Welcome

NEW RESIDENTS

- Wilma Jean
Kyle
Effie
Jack
Carol
Joni
Sandy

STAFF BIRTHDAYS

- | |
|----------------------|
| 9/9 Emily Jass |
| 9/12 Pamela Schumann |
| 9/17 Suzy Nardini |
| 9/20 Eddoesia Kamara |
| 9/23 Rebecca James |
| 9/28 Bella Nardini |
| 9/30 Brianna Dehler |
| 9/30 Anna St. Amant |



STAFF ANNIVERSARYS

Marcal Clerk	Resident Assistant	8 Years	9/23/2016
Jenette Kromah	Resident Assistant	7 Years	9/13/2017
Rebecca James	Resident Assistant	6 Years	9/6/2018
Massah Sheriff	Certified Nursing Assistant	6 Years	9/11/2018
Abeyee Dahn Keita	Resident Assistant	2 Years	8/11/2022

ARTISAN AVENUE

ART CLASSES, CREATIVE GROUPS AND MORE...

CREATIVE GROUPS

Art of Coloring

Wednesdays at 1:30p
Craft Room

Needle Works

Monday at 2pm
Craft Room

Quilting Group

Friday at 2pm
Craft Room




Holiday Yarn Trees
Join us on
Friday, September 20th
at 10:00am to make these fun
Holiday Trees out of yarn.
\$15.00pp
Craft Room
Please Sign-up



Quilting Group

Today we are sharing our quilt works in progress. We've actually been doing quite a bit of behind the scenes sewing over the past few month, but we do have a really fun quilt to share.

Stop by on Fridays at 2:00pm in the Craft Room. Check out our new Holiday Quilt that is almost finished.

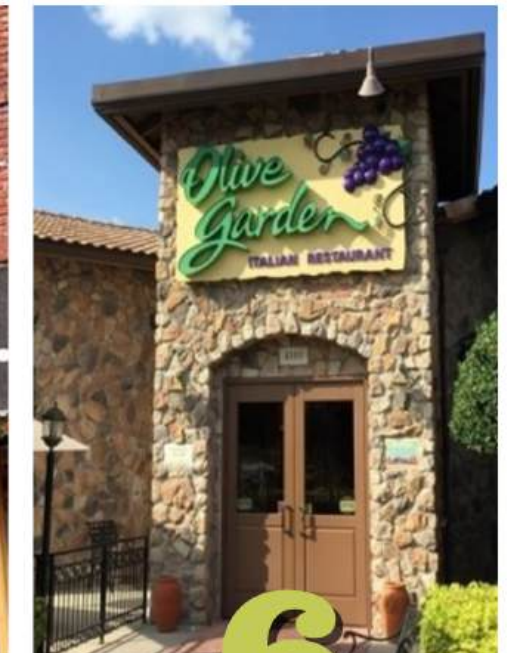
FRIDAY NOVEMBER 8TH
9 AM - 4 PM
AND
SATURDAY, NOVEMBER 9TH
9 AM - 12 PM

HOLIDAY CRAFT FAIR



IN NEED OF VENDORS
PLEASE CONTACT SUZY

RESTAURANT DINING OUT OPPORTUNITIES



4

LADIES LUNCH Malones

Thursday, September 5th
10:30am - Bus Leaves
Please Sign-up

Upscale American cuisine, an award-winning wine cellar, and amazing cocktails make for the perfect experience.

Lunch is at your own expense.

5

BREAKFAST OUTING FORGET ME KNOT CAFE - BUFFALO

Tuesday, September 24th
9:00am Bus Leaves
Please sign-up.

A hometown restaurant with great breakfast, brunch, and burgers!

Breakfast is at your own expense.

6

MEN'S LUNCH OLIVE GARDEN

Friday, September 27th
10:45AM - Bus Leaves
Please sign-up

Olive Garden is an American casual dining restaurant chain specializing in Italian-American cuisine.

Lunch is at your own expense.

HAPPENINGS

EVENTS AND ENTERTAINMENT

BLOODY MARY BAR

THURSDAY, SEPTEMBER 19TH

2:00pm Great Room
Floors 1 & 4

MIXER + VODKA + GARNISH

3:15pm
Floors 2 & 3

also serving other drinks

Al & Alma's
SUPPER CLUB • CHARTER CRUISES

Thursday, September 26th
Bus Leaves at 10:00a
Boat Trip 11:00a-1:30p
\$89 per person includes a Fabulous Lunch

Please Sign-Up
Cancelations will be charged

IT'S HER TIME TO SHINE

The GOLDEN BACHELORETTE

Wednesday, September 18th
6:30pm - Great Room
Kick-off Party

TaylorMarie's
Your Fashion. Your Style. Your Place.

Thursday, September 12th
10:30pm - Performance Room

BOOKS & MOVIES

MONTHLY MESSAGES FROM SILVERCREEK



Wonder
Family
Sept. 7th
2:00pm
Rated PG

An inspiring and heartwarming story of August Pullman, a boy with facial differences who enters the fifth grade, attending a mainstream elementary school for the first time.



Inside Your Dog's Mind
Documentary
Sept. 14th
2:00pm
TVPG

Embark on a delightful journey into the world of dogs in this documentary that reveals scientific and emotional insights about our lovable BFFs.



The World's Fastest Indian
Drama
Sept. 21st
2:00pm
Rated PG-13

The story of New Zealander Burt Munro, who spent years rebuilding a 1920 Indian motorcycle, which helped him set the land speed world record at Utah's Bonneville Salt Flats in 1967.



First Man
Drama
September 28th
2:00pm
Rated PG-13

A look at the life of the astronaut, Neil Armstrong, and the legendary space mission that led him to become the first man to walk on the Moon on July 20, 1969.

Vintage FILM SOCIETY

WEDNESDAY SEPTEMBER 4TH AT 2 PM
The Philadelphia Story
starting Cary Grant, Katharine Hepburn & Jimmy Stewart.

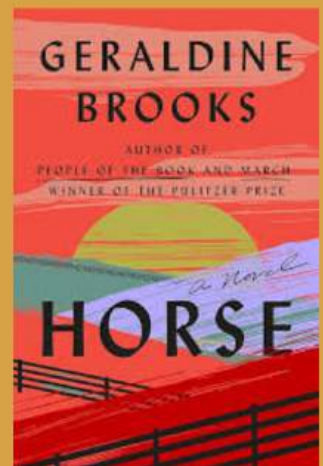
WEDNESDAY SEPTEMBER 11TH AT 2 PM
Singing in the Rain
starting Gene Kelly, Debbie Reynolds & Donald O'Connor.

Also, please see the "Activities Book" in the mail room for more information about the Vintage Film Society and choose a movie that you would enjoy.

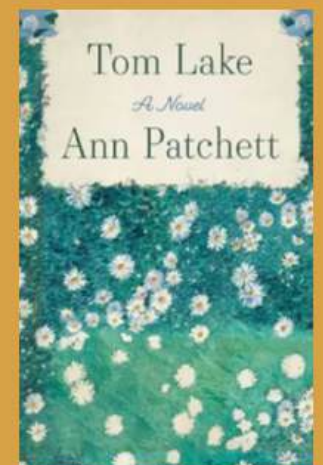
Book Club

EVERY 3RD WEDNESDAY OF THE MONTH AT 10:30AM IN THE DEN

OCTOBER BOOK



NOVEMBER BOOK



FAITH

WORSHIP AND PRAYER

SUNDAY SERVICES
Every Sundays - 10:30am Chapel

ROSARY
1st, 2nd and 4th Wednesdays
at 6:30pm Chapel

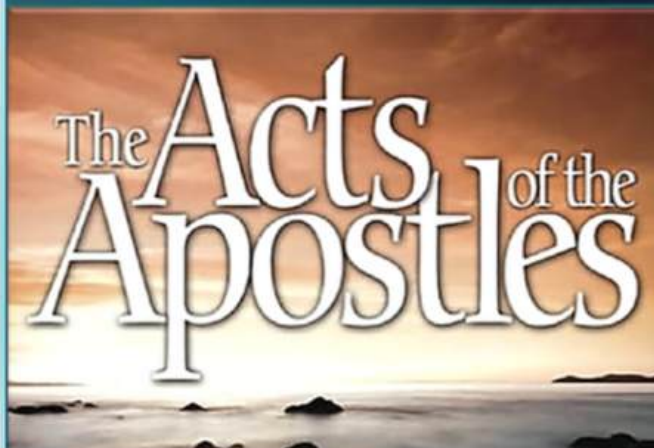
CATHOLIC COMMUNION
3rd Wednesdays
6:30pm Chapel

Ushers Needed
Are you willing to serve?

Please Contact Marilyn Bina to sign-up!

SilverCreek Bible Study

Mondays 10:30-11:30
Chapel/Performance Rm.
Bruce and Lois Geske



RAPTOR SHOW

The Raptor Center Education Department



Join us on
Tuesday, September 3rd
10:00am - 11:00am
SilverCreek Den Courtyard
(If raining we will host in the IL Dining Room)
University of Minnesota Raptor Center Show.
Features 3 ambassador raptors (typically an owl, a hawk, and a falcon).



HAPPENINGS

EVENTS AND ENTERTAINMENT



Saturday
September 14, 2024

Check-In: 9:30 AM
Walk begins 10:00 AM
Refreshments follow walk

SilverCreek on Main
8200 Main Street North
Maple Grove, MN 55369
Team: *TheClub at SCOM*



Register Online Today!

apdaparkinson.org/mn
(651) 356-4378
apdamn@apdaparkinson.org



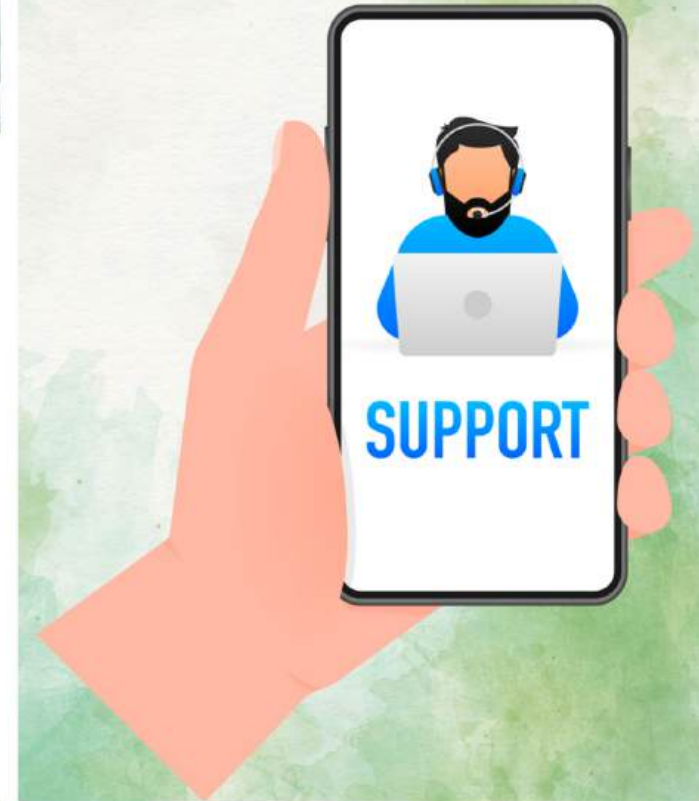
Walk with us and help put an end to Parkinson's disease!

- A family-friendly short non-competitive fundraising walk.
- Every six minutes, someone is diagnosed with Parkinson's disease.
- The more funds we raise, the more people we can help!
- Earn great prizes for raising \$100, \$500 and more!



Tech Support

Monday, September 3rd
11:30pm - WES2
Please Sign-up for a time



Itinerary:

- 9:00a Depart
- 11:00a Lunch at the Kaiserhoff
- 12:00p The Glockenspiel
- 1:00p Tour Shells Brewery
- 2:00p Herman Statue
- 2:30p German Store
- 3:00pm Depart
- 5:00pm Home




It's Time To Travel

EXPLORE
NEW ULM, MN
TUESDAY,
SEPT. 17TH

COST: \$25
LUNCH ON
YOUR OWN

SEPTEMBER CALENDAR 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Wellness Ctr. Closed 10:30a Sunday Service-C Communion 12:00p Lunch-ILD 1:30p Mahjong-WE2 6:30p Game Choice-WE2S	2 No Med/Shop NO Bible Study 2:00p Needle Group-CR 6:30p Rummikub-WE2S 	3 9:30a Cribbage-GR 10:00a "RAPTOR" Show - Den Courtyard 11:30a Tech Support WES2 1:00p Sign-ups - PR 2:00p Card Bingo-GR	4 Shopping 10:00a 500-GR 1:30p Art of Coloring-CR 2:00p Vintage Film Society 6:30p Rosary-C	5 10:30a Ladies Lunch - Malones 1:00p Bridge-WE2S 6:30p Mahjong-WE2	6 9:30a Cribbage-GR 10:00a Men's Group-TGR 11:00a Vets Group - GR 2:00p Quilting Group-CR 2:00p Card Bingo-GR	7 12:30p Poker-TGR 1:30p Art of Coloring-CR 1:30p Hand & Foot-WE2S 2:00p Movie - Wonder
8 Wellness Ctr. Closed 10:30a Sunday Service-C Communion 12:00p Lunch-ILD 1:30p Mahjong-WE2 6:30p Game Choice-WE2S	9 Medical/Shop 10:30p Bible Study-C 12:00p AL ArmChair-AL 1:30p Farmers Market 2:00p Needle Group-CR 6:30p Rummikub-WE2S	10 9:30a Cribbage-GR 10:00a Voting Shuttle 12:00p AL-Decade Day - AL 1:00p Town Home Open House 1-3pm 2:00p Card Bingo-GR	11 Shopping 10:00a 500-GR 10:00a Chef's Table 12:00p AL Bingo - ALDR 1:30p Art of Coloring-CR 2:00p Vintage Film Society 6:30p Rosary-C	12 10:00a AL - Donuts - ALDR 10:30a Fashion Show - PR 1:00p Bridge-WE2S 1:30p AL Open House 3:00p AL Board Games - AL 5:00p Hotdish Sampler Night 6:30p Mahjong-WE2	13 9:30a Cribbage-GR 10:00a Men's Group-TGR 11:30a AL Family Lunch 2:00p Quilting Group-CR 2:00p Card Bingo-GR	14 9:30a Parkinson's Walk 12:30p Poker-TGR 1:30p Art of Coloring-CR 1:30p Hand & Foot-WE2S 2:00p Movie - Inside Your Dogs Mind
15 Wellness Ctr. Closed 10:30a Sunday Service-C Communion 12:00p Lunch-ILD 1:30p Mahjong-WE2 6:30p Game Choice-WE2S	16 Medical/Shop 10:30p Bible Study-C 12:00p Absentee Voting Registration 12:00p AL-Trivia- ALDR 2:00p Needle Group-CR 6:30p Rummikub-WE2S	17 9:00a New Ulm Tour 9:30a Cribbage-GR 12:00p AL Activity 2:00p Card Bingo-GR	18 Shopping 10:30a Book Club - D 11:00a Hearing Clinic-PR 11:45a AL Town Hall -ILDR 1:30p Art of Coloring-CR 2:00p IL Town Hall -PR 6:30p Catholic Communion - C 6:30p Golden Bachelorette -GR	19 1:00p Bridge-WE2S 2:00p Happy Hour 1 & 4 3:15p Happy Hour 2 & 3 Bloody Mary Bar 6:30p Mahjong-WE2	20 9:30a Cribbage-GR 10:00a Men's Group-TGR 10:00a Yarn Trees-CR 2:00p Quilting Group-CR 2:00p Card Bingo-GR	21 12:30p Poker-TGR 1:30p Art of Coloring-CR 1:30p Hand & Foot-WE2S 2:00p Movie - The Worlds Fastest Indian
22 Wellness Ctr. Closed 10:30a Sunday Service-C Communion 12:00p Lunch-ILD 1:30p Mahjong-WE2 6:30p Game Choice-WE2S	23 Medical/Shop 10:30p Bible Study-C 12:00p AL-Trivia- ALDR 1:00p Vaccine Clinic-PR 1:30p Farmers Market 2:00p Needle Group-CR 6:30p Rummikub-WE2S	24 9:00a Breakfast Outing - Forget Me 9:30a Cribbage-GR 12:00p AL Activity 2:00p Card Bingo-GR	25 Shopping 1:30p Art of Coloring-CR 2:00p Medicare Speaker-PR 6:30p Rosary-C	26 1:00p Bridge-WE2S 10:00a AI and Almas Boat Trip 6:30p Mahjong-WE2	27 9:30a Cribbage-GR 10:45a Men's Group-Olive Garden 2:00p Quilting Group-CR 2:00p Card Bingo-GR	28 12:30p Poker-TGR 1:30p Art of Coloring-CR 1:30p Hand & Foot-WE2S 2:00p Movie - First Man
29 Wellness Ctr. Closed 10:30a Sunday Service-C Communion 12:00p Lunch-ILD 1:30p Mahjong-WE2 6:30p Game Choice-WE2S	30 Medical/Shop 10:30p Bible Study-C 12:00p AL-Trivia- ALDR 2:00p Needle Group-CR 6:30p Rummikub-WE2S	LOCATION GUIDE AS = Aerobics Studio PDR= Private Dining RF1 = Reflections 1 WED1= Weaver E Den P = Pool B = Bistro RF2 = Reflections 2 WEM1 = Weaver E Midway WC= Wellness Center ALDR=AL Dining CR = Craft Room WES2 = Weaver E Study CY= Court Yard DR = IL Dining C = Chapel WEG3 = Weaver E Game L- Library TGR = Great Room PR = Performance Room WEB4 = Weaver E Birds Nest L/O = Lobby/Outings FR = Family Conference			Color Code: Red: New Activities/Events Blue: Shopping/Wellness Green: Groups - Men's Women's, Bible Study Black: Resident Run Activity Orange: Special Activity Purple: Movies	