

ON-SITE COMMUNITY SERVICES TO SCHEDULE APPOINTMENT. SEE CONTACTS BELOW.

Leave a message if unavailable.

SALON -
Tracy Osier, Owner (763) 955-1761

HAIR STYLIST -
Patty & Sharon (763) 955-1761

NAIL TECHNICIAN -
Debra Rangel (763) 229-5179

AHI PODIATRY -
Jessie Rustad (952) 283-3169

ASCEND REHABILITATION -
Krystle Plohocky (612) 268-8752

Our shopping & medical bus runs are temporarily CLOSED!



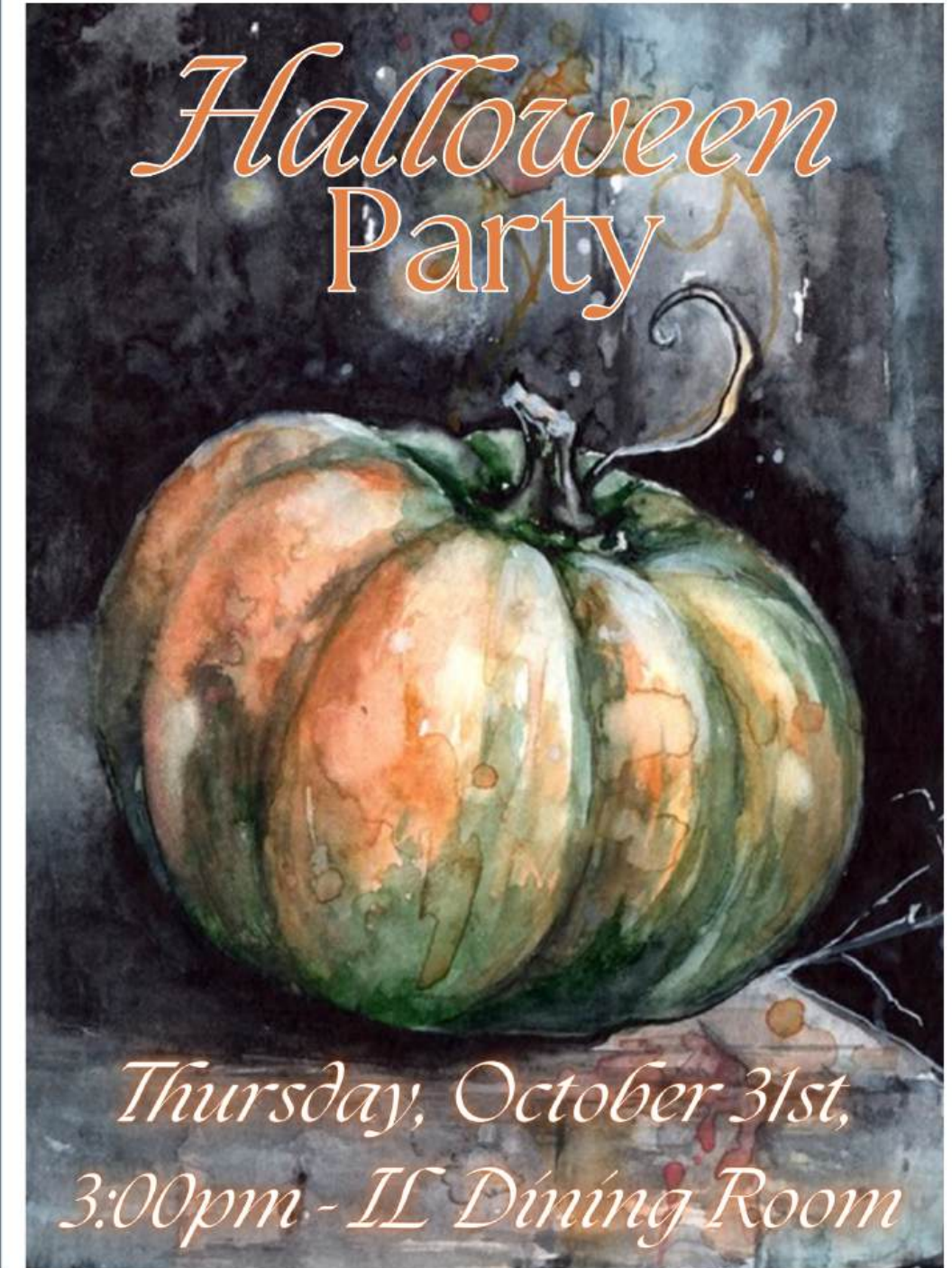
LIFESTYLE

LIVE THE LIFE YOU LOVE



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Wellness Coordinator - Deb Bray	dbray@silvercreekonmain.com	(763) 955-1758
Wellness Coordinator - Sam Wallace	swallace@silvercreekonmain.com	(763) 955-1758
Clinical Director - Gladys Aakre, RN	gaakre@silvercreekonmain.com	(763) 955-1770
Nurse - Loretta Gborplay, RN	lgborplay@silvercreekonmain.com	(763) 955-1769
Director of Admin - Caely Boerboom	cboerboom@silvercreekonmain.com	(763) 955-1754
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Resident Care Coord. - Anna Phongmany	aphongmany@silvercreekonmain.com	(763) 955-1762
Director of Dining Services - Melanie Hall	mhall@silvercreekonmain.com	(763) 955-1755
Kitchen Extension		(763) 955-1756
Housekeeping - Cheryl Brazil	cbrazil@silvercreekonmain.com	(763) 955-1763
Reception Desk - Shellie, Michelle, Marilyn, Terra, Sandy, Rachel		(763) 955-1751

"ALL WORK ORDER REQUESTS DURING AND AFTER BUSINESS HOURS: (763) 955-1751"

FROM US TO YOU

MONTHLY MESSAGES FROM SILVERCREEK

A MESSAGE FROM THE EXECUTIVE DIRECTOR

Happy Fall! It is officially Fall in Minnesota – my favorite season. The beautiful Fall colors, apple orchards and pumpkin patches, and the cooler weather all add up to the joy of Fall!

The Team at SilverCreek on Main have been working on lots of great Fall offerings – check out the programming events and new Fall menu choices in our newsletter – and join us!

Thank you,
Andrea



REFLECTIONS

HIGHLIGHTS FROM MEMORY CARE



Greetings from Reflections!

What a beautiful time of year to enjoy the fall weather and colors in Minnesota! We recently took a scenic drive through the MN Landscape Arboretum and enjoyed some apple cider mini donuts from the Apple House! We also took a fishing trip last month to Lake Riley in Eden Prairie. In October, we will enjoy country music from entertainer, Todd Anderson and a Halloween Party with accordionist, Dick Szyplinski. We have a few featured artists this month that created beautiful paintings and managed to squeeze in some fun drumming and craft projects.

Dementia and exercise:

Exercise is an important part of daily life even when living with dementia.

- It helps keep muscles, joints, and heart in good shape.
- It helps maintain a healthy weight.
- It helps support better sleep habits.



Exercise can include activities like walking, biking, golfing, strength training, and yoga. Exercise can also include things like dancing, drumming, gardening, vacuuming, dusting, and playing with children.

Anything that keeps a person with dementia moving is exercise.

Make sure to offer water after any type of physical activity to avoid dehydration.

Participate in the exercise activity with the person living with dementia and make it fun!

Have a great month! Emily



HALLOWEEN FUN

all Halloweens EVE

HAPPY HOUR & COSTUME CONTEST

THURSDAY, OCTOBER 31ST

ALL FLOORS - 3:00PM - IL DINING ROOM

Annual Staff Pumpkin Carving Contest

Voting from Tuesday, October 29th to Thursday, October 31st. Please come down to the lobby to vote for your favorite pumpkin.

Halloween Eve

Vote for Best Resident Costume

Vote for Best Staff Costume

St. Joseph The Worker families will pass out treats to YOU!

Thursday, October 24th

5:15 PM

Performance Room

REVERSE HALLOWEEN



Special Visit from Wanda the Wacky Witch

A GHOULISH HALLOWEEN DINNER PARTY!

MORE INFORMATION TO COME.



REMINDERS

COMMUNITY UPDATES, REMINDERS AND NEWS

HVAC Filter Changes

Reminder our EVS Team will be coming around this month to change out the HVAC Filter in your unit. Please remove any items away from the HVAC Closet for our team to easily access.



Fruit Flies

These pesky insects seem to appear from thin area. The most common reasons why they show up is due to dirty drains & overripe fruits/vegetables. Make sure to keep an eye on how long you've had your food items and get those drains cleaned frequently. A helpful tip to trap these bugs is to put some apple cider vinegar in a cup and cover with plastic wrap. Poke a couple holes on the top and watch as the bugs get trapped inside.



Lint Traps

We've recently gotten our dryer vents cleaned in August! It was a successful project. Please keep your equipment in tip top condition by making sure to take the lint out of the traps in your dryer after each load. It is located inside your machine near the opening of the door.



Halloween Safety Tips

The late night of Halloween fun is approaching! We love to see everyone dressed up and out for the holiday. Reminder if you are going out to keep an extra eye out for kids running around and walking in the streets. Happy Halloween!



HEALTHY CHOICES

MONTHLY MESSAGES FROM WELLNESS CENTER

ACTIVE AGING WEEK

Staying active as you age is essential for maintaining physical health, boosting mental well-being, and enhancing overall quality of life. Join The Club for a vibrant week of connection and activity!

Monday 9/30

2PM Guided Meditation -
Courttyard



Tuesday 10/01

1PM Diamond Dot Painting -
Craft Room



Wednesday 10/02

9:45A & 1PM Laughter Yoga
- The Club



Thursday 10/03

9:45A & 1PM Balance Class
with a Twist! - The Club



Friday 10/04

12:00pm Hand Massages
Family Conference Room
Sign-up in Wellness Ctr.



All Week in The Club

Guess Who
Daily Brain Teasers
Pool Games
Food Drive for NEAR
Food Shelf



AWARDS & GREETINGS



Liz

A self-professed former couch potato who now participates in Yoga, along with regular strength training and NuStep use. She understands the importance of moving her body every day and the value of increasing strength and stamina as they improve her quality of life.



Hi there!

I'm **Sharon**, the new stylist here in the salon! I specialize in men's haircuts, ladies' haircuts, perms, and colors. I have been a hairstylist now for 31 years, loving every minute of it! My days here will be Monday, Tuesday, and Friday by appointment. I look forward to meeting you!



**you are the
Employee
of the month**



Tami Caparas-Hildahl
September

**you are the
Employee
of the month**



Joyce Bannerman
October

ASSISTED LIVING

ASSISTED LIVING & EAL RESIDENTS FOCUS



SilverCreek on Main AL Family Council



For families and loved ones of our Assisted Living residents – are you interested in being a part of a Family Council?

Family councils offer a place for the families and loved ones of people living in assisted living to learn about the rights of the residents. The council serves as a sounding board for solutions to shared questions and concerns, to initiate new ideas and formulate suggestions, and then to communicate these topics with our team.

If you would like to volunteer to lead and/or participate in a Family Council at SilverCreek on Main – please contact Andrea Erickson, Executive Director.



NURSING

MONTHLY MESSAGES FROM OUR NURSING DEPARTMENT

Polypharmacy - Too much of a good thing?

Polypharmacy, defined as the use of five or more medications, is a common phenomenon among seniors due to the increased prevalence of chronic conditions such as hypertension, diabetes, and arthritis. As people age, they are often prescribed multiple medications to manage these conditions, which can lead to complex medication regimens. While polypharmacy is sometimes necessary to control health issues, it also increases the risk of adverse drug events (ADEs), drug interactions, and poor medication adherence, particularly in the elderly, who may have age-related changes in drug metabolism and sensitivity.

One of the major concerns associated with polypharmacy in seniors is the increased risk of adverse health outcomes, including falls, cognitive impairment, and hospitalizations. Older adults are more susceptible to the side effects of medications due to reduced kidney and liver function, which can affect how drugs are processed in the body. Medications that affect the central nervous system, such as sedatives or anticholinergics, are especially risky for older adults as they can contribute to confusion, dizziness, and increased fall risk. Moreover, drug-drug interactions can result in unexpected side effects or diminished effectiveness of treatment, complicating disease management.

Addressing polypharmacy requires careful medication review and management by healthcare professionals. Strategies such as "deprescribing," where unnecessary or harmful medications are discontinued, can help reduce the risk of adverse outcomes. Regular medication reconciliation and consultations with healthcare providers are essential to ensure that seniors are on the safest and most effective treatment plan possible. Collaboration between healthcare teams, patients, and caregivers is crucial to optimizing medication use and enhancing the quality of life for older adults. Talk with your nurse or your doctor about your prescriptions each time you see them to stay on top of this possible problem!



THE FULL HELPING

SILVERCREEK **DINING IN** HIGHLIGHTS - PLEASE SIGN-UP IN DINING BOOK



Prost!

OCTOBERFEST DINNER PARTY
 Thursday, October 3rd
 5:00pm
 \$26pp
 Please Sign-up

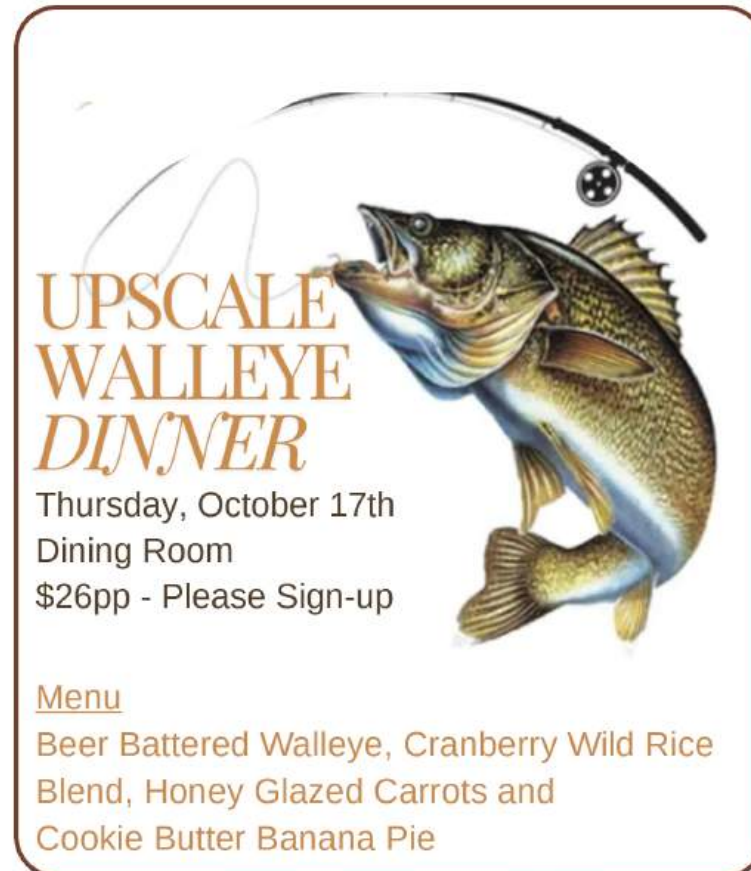
Oktoberfest

Saurbraten
 Beer Cheese Spatzle
 Red Cabbage
 Apple Strudel with Whipped Cream
 Beer & Wine



FALL SAMPLER MENU

Thursday, October 10th
 5:00pm - ILDR
 \$13pp
 Please Sign-up



UPSCALE WALLEYE DINNER

Thursday, October 17th
 Dining Room
 \$26pp - Please Sign-up

Menu
 Beer Battered Walleye, Cranberry Wild Rice Blend, Honey Glazed Carrots and Cookie Butter Banana Pie

CELEBRATIONS

BIRTHDAYS, ANNIVERSARYS, AWARDS AND NEW RESIDENTS

RESIDENTS BIRTHDAYS

- | | |
|----------------|--------------|
| 10/2 Alice | 10/24 Don |
| 10/5 Nancy | 10/27 John |
| 10/5 Pat | 10/30 Louise |
| 10/6 Sandra | 10/31 Rodger |
| 10/6 Jim | |
| 10/8 Shirley | |
| 10/8 Spencer | |
| 10/8 Bob | |
| 10/9 Diane | |
| 10/12 Ron | |
| 10/12 Sheila | |
| 10/13 Charlie | |
| 10/14 John | |
| 10/15 Leland | |
| 10/16 Lorraine | |
| 10/16 Mike | |
| 10/18 Ann | |
| 10/18 Phyllis | |
| 10/21 Lois | |
| 10/23 Bruce | |

STAFF BIRTHDAYS

- | |
|---------------------------|
| 10/3 Holland Clover |
| 10/3 Karissa Webb |
| 10/5 Ridwan Mohamed |
| 10/7 Eli Hovorka |
| 10/7 Zakiyah Watkins |
| 10/9 Catfish Lokken |
| 10/13 Annie Brooks |
| 10/15 Victor Mulbah |
| 10/19 Sarah Zelee |
| 10/21 Deborah Bray |
| 10/21 Tam Caparas-Hildahl |
| 10/26 Susan Duke |
| 10/28 Esther Yekeh |

Welcome

NEW RESIDENTS

- Nettie
 Freda
 Nancy
 Ruth



STAFF ANNIVERSARYS

Joyce Bannerman	CNA	7 Years	10/03/2017
Haylie Conzet	Sales Associate	1 year	10/09/2023
Queenella Cornormia	LPN/LVN	1 year	10/12/2023
Annie Dajue	CNA	3 years	11/27/2019
Shellie Fofanah	Lead Receptionist	8 years	10/17/2016
Nemomssa Gameda	Lead Resident Assistant	7 years	10/25/2017
Alexus Hohnson	Resident Assistant	1 Year	10/03/2023
Rose Mogi	LPN/LVN	2 years	10/02/2022
Michael Simms	Lead CNA	9 years	10/13/2015
Kebeh Sokodolo	Lead Resident Assistant	1 year	10/09/2023
Laurie Krone	Housekeeper	6 years	10/02/2018

ARTISAN AVENUE

ART CLASSES, CREATIVE GROUPS AND MORE...

Neurotrophic Art Class

What is Neurographic Art?
Neurography is a meditative drawing process that combines psychology and art. The technique is said to link your conscious and subconscious mind and create new neural pathways.

Tuesday, October 22nd from
3:00p - 4:30p
\$25pp - Craft Room
Supplies Included - Limit of 12

KNITTING GROUP HAT OF THE MONTH



CRAFT FAIR BAKE SALE

BAKERS & VOLUNTEERS NEEDED

**BARS, COOKIES & CUPCAKES
NEEDED FOR OUR BAKE SALE!**
Please consider DONATING to help us have a successful sale.

Sign-up in event book located in the mailroom. Indicate the type of bars, cookies or cupcakes you are donating. PLEASE DO NOT CUT BARS.

Deliver bake goods the day before the sale on Thursday, November 7th to the craft room. If you want to volunteer also sign-up in the event book in the mail room.



RESTAURANT DINING OUT OPPORTUNITIES



1

**BREAKFAST OUTING
GOOD DAY CAFE**
Tuesday, October 29th
9:30am - Bus Leaves
Please Sign-up

Good Day Cafe is a Family-Friendly Minnesota Cafe centered around traditional, made-from-scratch food and drink for the soul.

Breakfast is at your own expense.



2

**LADIES LUNCH
PINTS & PADDLES**
Tuesday, October 8th
11:30pm Bus Leaves
Please sign-up.

Our Kitchen offers an American Casual Menu with a variety of great smash burgers, wraps & appetizers. (Self Serve)

Lunch is at your own expense.



3

**MEN'S LUNCH
SILVERCREEK ON MAIN**
Friday, October 18th
11:00am
IL Dining Room

Menu
BQ Ribs
Corn on the cob
Potato Salad
Baked Beans
Cornbread
Assorted Pies
As assortment of Beer
Lunch is at your own expense.

FRIDAY NOVEMBER 8TH
9 AM - 4 PM
AND
SATURDAY, NOVEMBER 9TH
9 AM - 12 PM

HOLIDAY CRAFT FAIR



IN NEED OF VENDORS
PLEASE CONTACT SUZY

HAPPENINGS

EVENTS AND ENTERTAINMENT

Baking Class

Tuesday, October 15th - CR
1:00pm - Free
Please Sign-up - Limit 12 people



MONSTER COOKIES



2024 Elections

Special SilverCreek Voting Day
(Maple Grove Government Center)

Thursday, October 10th
10:00am – 2:00pm

Sign-up for a shuttle service time.

Benefits: Short line

Must have a valid driver's license with you.

A PEEK INTO MILL CITY MUSEUM

Join us on **October 24th, 9:30am**
\$12pp - Lunch on your own
Please Sign-up



arboretum

Friday, October 11th - 10:00am
Please Sign-up - Free

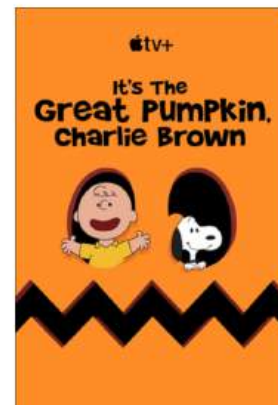


Autumn Abundance

Explore the Arboretum's amazing fall foliage!

BOOKS & MOVIES

MONTHLY MESSAGES FROM SILVERCREEK



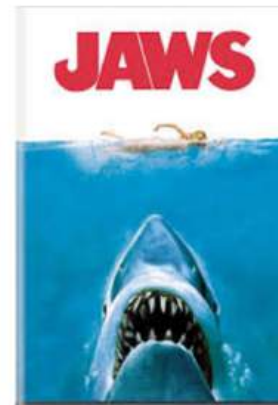
The Great Pumpkin
Family
October 5th
2:00pm
Rated G

Linus waits in the pumpkin patch for the elusive Halloween symbol to appear. Will he see it?



Ghostbusters
Action/Comedy
October 12th
2:00pm
PG

Three parapsychologists forced out of their university, set up shop as a ghost removal service in New York City, attracting frightened yet skeptical customers.



Jaws
Drama
October 19th
2:00pm
Rated PG-13

When a massive killer shark unleashes chaos on a beach community off Long Island, it's up to a local sheriff, a marine biologist, and an old seafarer to hunt the beast down.



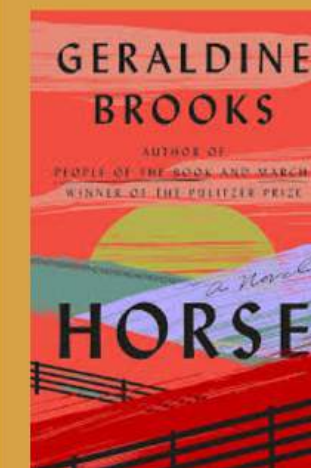
Highway Men
True Crime/Dark
October 26th
2:00pm
Rated R

This is the True story of 2 Texas Rangers who both came out of retirement to hunt down the notorious Bonnie and Clyde.

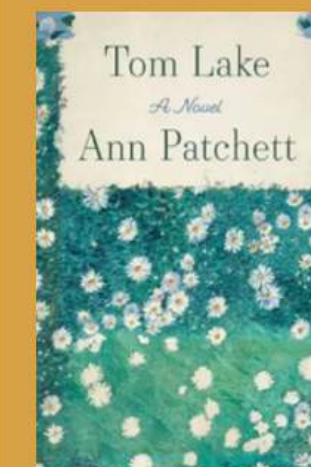
Book Club

EVERY 3RD WEDNESDAY OF THE MONTH AT 10:30AM IN THE DEN

OCTOBER BOOK



NOVEMBER BOOK




WEDNESDAY OCTOBER 2ND AT 2 PM
The Philadelphia Story

WEDNESDAY OCTOBER 9TH AT 2:00 PM
The Sound of Music

Also, please see the "Activities Book" in the mail room for more information about the Vintage Film Society and choose a movie that you would enjoy.

FAITH

WORSHIP AND PRAYER

SUNDAY SERVICES

Every Sundays - 10:30am Chapel

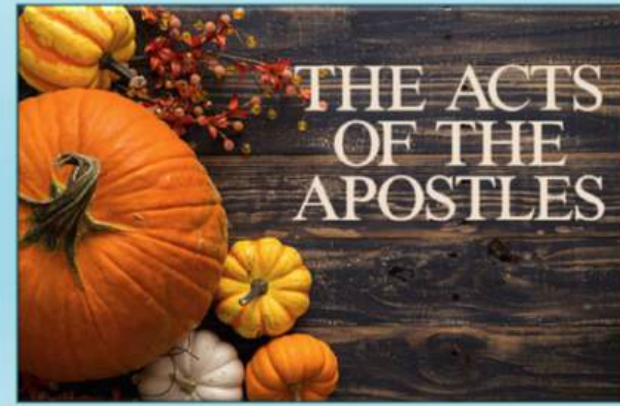
ROSARY

1st, 2nd and 4th Wednesdays
at 6:30pm Chapel

CATHOLIC COMMUNION

3rd Wednesdays
6:30pm Chapel

SilverCreek Bible Study
Mondays 10:30-11:30
Chapel/Performance Rm.
Bruce and Lois Geske



HAPPENINGS

EVENTS AND ENTERTAINMENT

VERMONT ArmChair Travel
Wed. Oct. 16th - 2:00p - Theater



FIRE SAFETY PROGRAM

Maple Grove Fire Department
Friday, October 18th
10:00am-11:00am
Performance Room
Learn about SilverCreek's Fire Safety.

HAPPENINGS

NEW RESIDENT GATHERING
Welcoming residents that moved in
between June & September.
Friday, October 4th at 1:00pm in
the Performance Room

Tech Support
Monday, October 14th
12:30p - WES2
Please sign up for a time slot!

STMA High School Production
Wednesday, November 6th
8:00am Bus Leaves
Show at 9:00am
Free Show - Dress Rehearsal
Please sign-up

SPEAKER

**"ASSISTED LIVING RIGHTS"
OFFICE OF OMBUDSMAN FOR
LONG TERM CARE**

Thursday October 17th 10am-11am
Performance Room

Know Your Rights

OOLTC is dedicated to educating residents and their families on rights, and supporting and empowering residents in exercising their rights. We will provide you with a range of information and resources you can use to advocate for yourself.

OCTOBER CALENDAR 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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LOCATION GUIDE

AS = Aerobics Studio PDR= Private Dining RF1 = Reflections 1
 P = Pool B = Bistro RF2 = Reflections 2
 WC=Wellness Center ALDR= AL Dining CR = Craft Room
 CY= Court Yard DR = IL Dining C = Chapel
 L= Library TGR = Great Room PR = Performance Room
 L/O = Lobby/Outings FR = Family Conference

WED1= Weaver E Den WEG3 = Weaver E Game
 WEM1 = Weaver E Midway WEB4 = Weaver E Birds Nest
 WES2 = Weaver E Study

<p>6 Wellness Ctr. Closed</p> <p>10:30a Sunday Service-C Communion</p> <p>12:00p Lunch-ILD</p> <p>1:30p Mahjong-WE2</p> <p>6:30p Game Choice-WE2S</p>	<p>7 NO SHOPPING</p> <p>10:30p Bible Study-C</p> <p>12:00p AL-Activity -ALDR</p> <p>2:00p Needle Group-CR</p> <p>6:30p Rummikub-WE2S</p>	<p>1</p> <p>9:30a Cribbage-GR</p> <p>1:00p Sign-up -PR</p> <p>1:00p Diamond Dot Painting Craft - WC</p> <p>2:00p Card Bingo-GR</p> <p>3:00p AL-Tie Blankets - CR</p>	<p>2 NO SHOPPING</p> <p>9:45a Laughter Yoga - WC</p> <p>10:00a 500-GR</p> <p>1:00p Laughter Yoga - WC</p> <p>1:30p Art of Coloring-CR</p> <p>2:00p Vintage Film The Philadelphia Story</p> <p>6:30p Rosary-C</p>	<p>3</p> <p>9:45a Balance Class - WC</p> <p>1:00p Balance Class - WC</p> <p>1:00p Bridge-WE2S</p> <p>5:00p OctoberFest Dinner</p> <p>6:30p Mahjong-WE2</p>	<p>4</p> <p>9:30a Cribbage-GR</p> <p>10:00a Men's Group-TGR</p> <p>12:00p Hand Massages - FC</p> <p>1:00p New Resident Gathering - PR</p> <p>2:00p Quilting Group-CR</p> <p>2:00p Card Bingo-GR</p>	<p>5</p> <p>12:30p Poker-TGR</p> <p>1:30p Art of Coloring-CR</p> <p>1:30p Hand & Foot-WE2S</p> <p>2:00p Movie - The Great Pumpkin Charlie Brown</p>
<p>13 Wellness Ctr. Closed</p> <p>10:30a Sunday Service-C</p> <p>12:00p Lunch-ILD</p> <p>1:30p Mahjong-WE2</p> <p>6:30p Game Choice-WE2S</p>	<p>14 NO SHOPPING</p> <p>10:30p Bible Study-C</p> <p>12:00p AL-Activity -ALDR</p> <p>12:30p Tech - WES2</p> <p>2:00p Needle Group-CR</p> <p>6:30p Rummikub-WE2S</p>	<p>8</p> <p>9:30a Cribbage-GR</p> <p>11:30p Ladies Lunch - Pints & Paddles</p> <p>2:00p AL Snack - Apple Cider and Donuts GR</p> <p>2:00p Card Bingo-GR</p>	<p>9 Medical/Shop</p> <p>10:00a 500-GR</p> <p>10:00a Chef's Table</p> <p>1:30p Art of Coloring-CR</p> <p>2:00p Vintage Film Society Sound of Music</p> <p>6:30p Rosary-C</p>	<p>10</p> <p>10:00a Voting Shuttle-Gov. Ct</p> <p>1:00p Bridge-WE2S</p> <p>5:00p Fall Sampler Dinner</p> <p>6:30p Mahjong-WE2</p>	<p>11</p> <p>9:30a Cribbage-GR</p> <p>10:00a MN Landscape</p> <p>10:00a Men's Group-TGR</p> <p>2:00p Quilting Group-CR</p> <p>2:00p Card Bingo-GR</p>	<p>12</p> <p>12:30p Poker-TGR</p> <p>1:30p Art of Coloring-CR</p> <p>1:30p Hand & Foot-WE2S</p> <p>2:00p Movie - Ghost Busters</p>
<p>20 Wellness Ctr. Closed</p> <p>10:30a Sunday Service-C Communion</p> <p>12:00p Lunch-ILD</p> <p>1:30p Mahjong-WE2</p> <p>6:30p Game Choice-WE2S</p>	<p>21 Medical/Shop</p> <p>10:30p Bible Study-C</p> <p>12:00p AL-Activity -ALDR</p> <p>2:00p Needle Group-CR</p> <p>6:30p Rummikub-WE2S</p>	<p>15</p> <p>9:30a Cribbage-GR</p> <p>1:00p AL Activity- Fall Driving Tour</p> <p>1:00p Baking Class - CR</p> <p>2:00p Card Bingo-GR</p>	<p>16 Medical/Shop</p> <p>10:00a 500-GR</p> <p>1:30p Art of Coloring-CR</p> <p>2:00p ArmChair Travel-Vermont - PR</p> <p>3:00p AL Town Hall-CR</p> <p>6:30p Communion - C</p>	<p>17</p> <p>10:00a AL Res. Rights - PR</p> <p>1:00p Bridge-WE2S</p> <p>5:00p Walleye Dinner</p> <p>6:30p Mahjong-WE2</p>	<p>18</p> <p>9:30a Cribbage-GR</p> <p>10:00a Fire Safety-PR</p> <p>11:00a Men's Group Lunch</p> <p>2:00p Quilting Group-CR</p> <p>2:00p Card Bingo-GR</p>	<p>19</p> <p>12:30p Poker-TGR</p> <p>1:30p Art of Coloring-CR</p> <p>1:30p Hand & Foot-WE2S</p> <p>2:00p Movie - Original Jaws</p>
<p>27 Wellness Ctr. Closed</p> <p>10:30a Sunday Service-C</p> <p>12:00p Lunch-ILD</p> <p>1:30p Mahjong-WE2</p> <p>6:30p Game Choice-WE2S</p>	<p>28 Medical/Shop</p> <p>10:30p Bible Study-C</p> <p>12:00p AL-Activity -ALDR</p> <p>2:00p Needle Group-CR</p> <p>6:30p Rummikub-WE2S</p>	<p>22</p> <p>9:30a Cribbage-GR</p> <p>1:00p AL-Pumpkin Paint -CR</p> <p>2:00p Card Bingo-GR</p> <p>3:00p Neurotrophic Art Class - CR</p>	<p>23 Medical/Shop</p> <p>10:00a 500-GR</p> <p>1:30p Art of Coloring-CR</p> <p>2:00p IL Town Hall - PR</p> <p>6:30p Rosary-C</p>	<p>24</p> <p>9:30a Mill City Museum</p> <p>1:00p Bridge-WE2S</p> <p>5:15p Reverse Halloween - PR</p> <p>6:30p Mahjong-WE2</p>	<p>25</p> <p>9:30a Cribbage-GR</p> <p>10:00a Men's Group TGR</p> <p>2:00p Quilting Group-CR</p> <p>2:00p Card Bingo-GR</p>	<p>26</p> <p>12:30p Poker-TGR</p> <p>1:30p Art of Coloring-CR</p> <p>1:30p Hand & Foot-WE2S</p> <p>2:00p Movie - Highway Men</p>
<p>30 Medical/Shop</p> <p>10:00a 500-GR</p> <p>1:30p Art of Coloring-CR</p> <p>6:30p Rosary-C</p>	<p>29</p> <p>9:30a Breakfast Outing - Good Day Cafe</p> <p>9:30a Cribbage-GR</p> <p>1:00p AL - Halloween Folklore - PR</p> <p>2:00p Card Bingo-GR</p>	<p>31</p> <p>1:00p Bridge-WE2S</p> <p>3:00p Halloween Party All Floors IL Dining Room</p> <p>6:30p Mahjong-WE2</p>	<p>Color Code: Red: New Activities/Event Blue: Shopping/Wellness Green: Groups - Men's Women's, Bible Study Black: Resident Run Activity Orange: Special Activity Purple: Movies</p>			