




# SILVERCREEK ON MAIN -REFLECTIONS 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>1 <b>APRIL FOOL'S DAY</b>                      11:00 Noodle Ball with Erin                      11:30 Word games &amp; jokes w/Erin                      1:30 Singalong with Erin                      2:30 Refreshments/Snack                      3:45 Bingo with Erin                      6:30 Wheel of Fortune, CH 4</p>	<p>2                      10:45 Exercise with Becca                      1:00 <b>ARMCHAIR TRAVEL TO THE NETHERLANDS- PR</b>                      2:30 Refreshments/Snack                      3:00 <b>Step-in-Time (Wellness Ctr)</b>                      3:30 Walk to the Library w/Becca                      4:30 Brain busters with Becca                      6:30 Game night with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>3 <b>HAPPY BIRTHDAY LEOLA!</b>                      10:45 Mind games with Becca                      2:00 <b>ENTERTAINMENT WITH BOBBY &amp; CHRISTINE</b>                      2:30 Refreshments/Snack                      3:00 <b>Fitness Class with Sam-1</b>                      3:30 <b>Visits with volunteer Bill</b>                      4:15 Slideshow reminisce- Becca                      6:30 Music with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>4                      10:00 Move to music with Erin                      11:00 Sensory with Erin                      1:30 Puzzles with Becca                      2:30 Refreshments/Snack                      3:00 <b>Step-in-Time (Wellness Ctr)</b>                      4:00 Reminisce pets with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>5                      11:00 Devotions with Becca                      1:30 Everybody Loves Raymond                      2:30 Refreshments/Snack                      3:45 Table Games with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>6                      11:00 Morning fun with Becca!                      1:00 Bingo                      2:30 Refreshments/Snack                      3:45 Listen to Music                      6:30 Wheel of Fortune, CH 4</p>	
<p>7                      10:30 Chapel Service- CH                      11:00 Hymn sing with Erin                      2:00 Reminisce with Erin                      2:30 Refreshments/Snack                      4:00 Exercise with Erin</p>	<p>8 <b>HAPPY BIRTHDAY GLENN!</b>                      11:00 Golf putting game with Erin                      11:30 Crosswords with Erin                      1:30 Karaoke with Erin                      2:30 Refreshments/Snack                      3:45 Bingo with Erin                      6:30 Wheel of Fortune, CH 4</p>	<p>9                      10:45 Exercise with Becca                      1:30 Watercolor painting with Becca                      2:30 Refreshments/Snack                      3:00 <b>Step-in-Time (Wellness Ctr)</b>                      4:00 Travel Tuesday with Becca                      6:30 Game night with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>10                      9:30-11:30 <b>MNEME THERAPY PAINTING WITH LARRY</b>                      1:30 Music Trivia with Becca                      2:30 Refreshments/Snack-                      3:00 <b>Fitness Class with Sam</b>                      3:30 <b>Visits with volunteer Bill</b>                      4:15 Stories With Becca                      6:30 Music with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>11                      10:00 Rhythm band with Erin                      11:00 Sensory with Erin                      1:30 Coloring with Becca                      2:00 Walking Club with Becca                      2:30 Refreshments/Snack                      3:00 <b>Step-in-Time (Wellness Ctr)</b>                      4:00 Reminisce with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>12                      11:00 Devotions with Becca                      1:30 Listen to 40's and 50's music                      2:30 Refreshments/Snack                      3:45 Cards with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>13 <b>HAPPY BIRTHDAY IVAN!</b>                      11:00 Morning fun with Becca!                      1:00 Bingo                      2:30 Refreshments/Snack                      3:45 Listen to Music                      6:30 Wheel of Fortune, CH 4</p>
<p>14                      10:30 Chapel Service- CH                      11:00 Hymn sing with Erin                      2:00 Trivia With Erin                      2:30 Refreshments/Snack                      4:00 Ball Toss with Erin</p>	<p>15                      11:00 Balloon Volley with Erin                      11:30 Word games with Erin                      1:30 Singalong with Erin                      2:30 Refreshments/Snack                      3:45 Bingo with Erin                      6:30 Wheel of Fortune, CH 4</p>	<p>16                      10:45 Exercise with Becca                      1:30 Walk to the Library With Becca                      2:30 Refreshments/Snack                      3:00 <b>Step-in-Time (Wellness Ctr)</b>                      4:00 Get to know your neighbor with Becca                      6:30 Game night with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>17                      10:45 Mind games with Becca                      1:30 Music Trivia with Becca                      2:30 Refreshments/Snack-                      3:00 <b>Fitness Class with Sam</b>                      3:30 <b>Visits with volunteer Bill</b>                      4:15 Slideshow reminisce With Becca                      6:30 Music with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>18 <b>HAPPY BIRTHDAY BERNADETTE!</b>                      10:00 Move to music with Erin                      11:00 Computer games with Erin                      1:30 Fashion Trivia with Becca                      2:30 Refreshments/Snack                      3:00 <b>Step-in-Time (Wellness Ctr)</b>                      4:00 Looking Good with Becca                      5:00 <b>ELEGANT DINNER</b>                      6:30 Wheel of Fortune, CH 4</p>	<p>19                      11:00 Devotions with Becca                      1:30 Andy Williams Show                      2:30 Refreshments/Snack                      3:45 Bean bag toss with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>20                      11:00 Morning fun with Becca!                      1:00 Bingo                      2:30 Refreshments/Snack                      3:45 Listen to Music                      6:30 Wheel of Fortune, CH 4</p>
<p>21                      10:30 Chapel Service- CH                      11:00 Hymn sing with Erin                      2:00 Games with Erin                      2:30 Refreshments/Snack                      4:00 Exercise with Erin</p>	<p>22                      11:00 Noodle Ball with Erin                      11:30 Word games with Erin                      1:30 Karaoke with Erin                      2:30 Refreshments/Snack                      3:45 Bingo with Erin                      6:30 Wheel of Fortune, CH 4</p>	<p>23                      10:45 Exercise with Becca                      1:30 Painting/coloring with Becca                      2:30 Refreshments/Snack                      3:00 <b>Step-in-Time (Wellness Ctr)</b>                      4:00 Travel Tuesday with Becca                      6:30 Game night with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>24                      10:30 <b>RESIDENT COUNCIL MEETING</b>                      11:00 Junk Drawer Detective-Becca                      1:30 Self Care with Becca                      2:30 Refreshments/Snack-                      3:00 <b>Fitness Class with Sam</b>                      3:30 <b>Visits with volunteer Bill</b>                      4:15 Mind games with Becca                      6:30 Music with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>25                      10:00 Rhythm band/drumming with Erin                      11:00 Trivia with Erin                      1:30 <b>MAY DAY BASKET CRAFT</b>                      2:30 Refreshments/Snack                      3:00 <b>Step-in-Time (Wellness Ctr)</b>                      4:15 Garden reminisce with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>26                      11:00 Devotions with Becca                      1:30 Everybody Loves Raymond                      2:30 Refreshments/Snack                      3:45 Jeopardy with Becca                      6:30 Wheel of Fortune, CH 4</p>	<p>27                      11:00 Morning fun with Becca!                      1:00 Bingo                      2:30 Refreshments/Snack                      3:45 Listen to Music                      6:30 Wheel of Fortune, CH 4</p>
<p>28                      10:30 Chapel Service- CH                      11:00 Hymn sing with Erin                      2:00 Trivia With Erin                      2:30 Refreshments/Snack                      4:00 Balloon Volley with Erin</p>	<p>29                      11:00 Exercise with Erin                      11:30 Word games with Erin                      1:30 Singalong with Erin                      2:30 Refreshments/Snack                      3:45 Bingo with Erin                      6:30 Wheel of Fortune, CH 4</p>	<p>30                      10:45 Morning Stretch with Becca                      1:30 Puzzles with Becca                      2:30 Refreshments/Snack                      3:00 <b>Step-in-Time (Wellness Ctr)</b>                      4:00 Google Earth Hometowns with Becca                      6:30 Game night with Becca</p>	<p><b>Meal Times:</b>                      8:00am Breakfast                      12:00pm Lunch                      5:00 pm Dinner</p>			

## REFLECTIONS STAFF:

Clinical Director - Gladys Aakre (763) 955-1770  
 Registered Nurse - Loretta Gborplay (763) 955-1769

Director of Reflections - Emily Jass (763) 955-1992  
 Resident Care Coordinator -Anna Phongmany (763) 955-1762

## LOCATIONS

"1" = 1st Floor CH= Chapel  
 "2" = 2nd Floor PR= Performance Room

Calendar is subject to change