## SILVERCREEK ON MAIN -REFLECTIONS 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*.	1 APRIL FOOL'S DAY	2	3 HAPPY BIRTHDAY LEOLA!	4	5	6
Spring time	9:45 Noodle Ball with Erin 10:15 Word games & jokes w/Erin 2:30 Singalong with Erin 2:30 Refreshments/Snack 3:00 Fitness Class with Sam-1 3:30 Visits with volunteer Bill 6:30 Wheel of Fortune, CH 4	9:45 Exercise with Erin 11:00 Sensory with Erin 1:00 ARMCHAIR TRAVEL TO THE NETHERLANDS— PR 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 3:30 Bingo with Erin 6:00 Game night with Becca	9:45 Parachute with Erin 11:00 What's in the bag with Erin 2:00 ENTERTAINMENT WITH BOBBY & CHRISTINE 2:30 Refreshments/Snack- 4:00 Slideshow reminisce w/Becca 6:00 Music with Becca 6:30 Wheel of Fortune, CH 4	10:00 Move to music with Becca 11:00 Sensory with Becca 1:30 Puzzles with Erin 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 4:00 Reminisce pets with Erin 6:30 Wheel of Fortune, CH 4	1:30 Table Games with Becca 2:30 Refreshments/Snack	10:00 Morning fun with Becca! 2:30 Bingo 2:30 Refreshments/Snack 3:45 Listen to Music 6:30 Wheel of Fortune, CH 4
7	8 HAPPY BIRTHDAY GLENN!	9	10	11	12	13 HAPPY BIRTHDAY IVAN!
9:45 Hymn sing with Erin 1:00 Reminisce with Erin 2:30 Refreshments/Snack 3:15 Exercise with Erin	9:45 Noodle Ball with Erin 10:15 Crosswords with Erin 2:30 Karaoke with Erin 2:30 Refreshments/Snack 3:00 Fitness Class with Sam-1 3:30 Visits with volunteer Bill 6:30 Wheel of Fortune, CH 4	9:45 Exercise with Erin 11:00 Sensory with Erin 1:30 Bingo with Erin 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 4:00 Travel Tuesday with Erin 6:00 Game night with Becca 6:30 Wheel of Fortune, CH 4	9:30- MNEME THERAPY PAINTING 11:30 WITH LARRY 1:30 Music Trivia with Becca 2:30 Refreshments/Snack- 3:30 Chair exercise with Becca 4:00 Stories With Becca 6:00 Music with Becca 6:30 Wheel of Fortune, CH 4	10:00 Rhythm band with Becca 11:00 Sensory with Becca 1:30 Coloring and aquapainting with Erin 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 4:00 Balloon Volley with Erin 6:30 Wheel of Fortune, CH 4	1:30 Cards with Becca 2:30 Refreshments/Snack 4:00 Listen to 40's and 50's music	10:00 Morning fun with Becca! 2:30 Bingo 2:30 Refreshments/Snack 3:45 Listen to Music 6:30 Wheel of Fortune, CH 4
14	15	16	17	18 HAPPY BIRTHDAY	19	20
<ul><li>9:45 Hymn sing with Erin</li><li>1:00 Trivia With Erin</li><li>2:30 Refreshments/Snack</li><li>3:15 Ball Toss with Erin</li></ul>	9:45 Balloon Volley with Erin 10:15 Word games with Erin 2:30 Singalong with Erin 2:30 Refreshments/Snack 3:00 Fitness Class with Sam-1 3:30 Visits with volunteer Bill 6:30 Wheel of Fortune, CH 4	9:45 Exercise with Erin 11:00 Sensory with Erin 1:30 Bingo with Erin 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 4:00 Get to know your neighbor with Erin 6:00 Game night with Becca 6:30 Wheel of Fortune, CH 4	9:45 Morning Stretch with Erin 11:00 What's in the bag with Erin 1:30 Music Trivia with Becca 2:30 Refreshments/Snack- 3:30 Chair exercise with Becca 4:00 Slideshow reminisce With Becca 6:00 Music with Becca 6:30 Wheel of Fortune, CH 4	BERNADETTE!  10:00 Move to music with Becca 11:00 Color Sensory with Becca 1:30 Fashion Trivia with Erin 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 4:00 Looking Good with Erin 5:00 ELEGANT DINNER 6:30 Wheel of Fortune, CH 4	1:30 Beanbag toss with Becca 2:30 Refreshments/Snack	10:00 Morning fun with Becca! 2:30 Bingo 2:30 Refreshments/Snack 3:45 Listen to Music 6:30 Wheel of Fortune, CH 4
21	22	23	24	25	26	27
9:45 Hymn sing with Erin 1:00 Games with Erin 2:30 Refreshments/Snack 3:15 Exercise with Erin	9:45 Noodle Ball with Erin 10:15 Word games with Erin 2:30 Karaoke with Erin 2:30 Refreshments/Snack 3:00 Fitness Class with Sam-1 3:30 Visits with volunteer Bill 6:30 Wheel of Fortune, CH 4	9:45 Exercise with Erin 11:00 Sensory with Erin 1:30 Bingo with Erin 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 4:00 Travel Tuesday with Erin 6:00 Game night with Becca 6:30 Wheel of Fortune, CH 4	10:30 RESIDENT COUNCIL MEETING 11:00 Junk Drawer Detective-Becca 1:30 Self Care with Becca 2:30 Refreshments/Snack- 4:00 Mind games with Becca 6:00 Music with Becca 6:30 Wheel of Fortune, CH 4	10:00 Rhythm band/drumming with Becca 11:00 Sensory with Becca 1:30 MAY DAY BASKET CRAFT 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 4:15 Garden reminisce with Erin 6:30 Wheel of Fortune, CH 4	1:30 Jeopardy with Becca 2:30 Refreshments/Snack	10:00 Morning fun with Becca! 2:30 Bingo 2:30 Refreshments/Snack 3:45 Listen to Music 6:30 Wheel of Fortune, CH 4
9:45 Hymn sing with Erin 1:00 Trivia With Erin 2:30 Refreshments/Snack 3:15 Balloon Volley	9:45 Noodle Ball with Erin 10:15 Word games with Erin 2:30 Refreshments/Snack 2:30 Singalong with Erin 3:00 Fitness Class with Sam-1	9:45 Morning Stretch with Erin 11:00 Sensory with Erin 1:30 Bingo with Erin 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr)	Meal Times: 8:00am Breakfast 12:00pm Lunch		20	
with Erin '	3:30 Visits with volunteer Bill 6:30 Wheel of Fortune, CH 4	4:00 Google Earth Hometowns with Erin 6:00 Game night with Becca	5:00 pm Dinner	\9 e/		S & EVENTS

## **REFLECTIONS STAFF:**

Clinical Director - Gladys Aakre Registered Nurse - Loretta Gborplay (763) 955-1770 (763) 955-1769 Director of Reflections - Emily Jass (763) 955-1992 Resident Care Coordinator -Anna Phongmany (763) 955-1762

## **LOCATIONS**

"1" = 1st Floor CH= Chapel
"2" = 2nd Floor PR= Performance Room

Calendar is subject to change