SILVERGREEK ON MAIN -REFLECTIONS 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
202 PROGRA			Meal Times: 8:00am Breakfast 12:00pm Lunch 5:00 pm Dinner	Spring?	1 10:00 CATHOLIC ECUMENICAL SERVICE WITH VOLUNTEERS 1:30 Table Games with Becca 2:30 Refreshments/Snack 4:00 Neil Diamond TV Concert In Dublin Ireland 6:30 Wheel of Fortune, CH 4	10:00 Morning fun with Becca! 2:30 Bingo 2:30 Refreshments/Snack 3:45 Listen to Music 6:30 Wheel of Fortune, CH 4
9:45 Hymn sing with Bella 1:00 Reminisce with Bella 2:30 Refreshments/Snack 3:30 Listen to music	9:45 Word games with Bella 2:30 Music with Emily 2:30 Refreshments/Snack 3:00 Fitness Class with Sam-1 3:30 Visits with volunteer Bill 6:30 Wheel of Fortune, CH 4	10:45 Reminisce with Becca 1:30 Bingo 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 4:00 Patti Page show 6:00 Game night with Becca 6:30 Wheel of Fortune, CH 4	10:45 Trivia with Becca 1:00 ARMCHAIR TRAVEL TO IRELAND— Performance rm 2:30 Refreshments/Snack- 3:00 Fitness Class with Sam-2 6:00 Music with Becca 6:30 Wheel of Fortune, CH 4	7 10:00 Rhythm band/drumming with Becca 2:00 FOOD DEMO WITH DINING DIRECTOR MEL 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 4:00 Molly B Polka TV Show 6:30 Wheel of Fortune, CH 4	8 10:00 CATHOLIC ECUMENICAL SERVICE WITH VOLUNTEERS 1:30 Cards with Becca 2:30 Refreshments/Snack 4:00 Listen to 40's and 50's music 6:30 Wheel of Fortune, CH 4	10:00 Morning fun with Becca! 2:30 Bingo 2:30 Refreshments/Snack 3:45 Listen to Music 6:30 Wheel of Fortune, TURN CLOCKS AHEAD TONIGHT
10 DAYLIGHT SAVING TIME 9:45 Hymn sing with Bella 1:00 Trivia With Bella 2:30 Refreshments/Snack 3:30 Listen to music	9:45 Balloon Volley with Bella 10:15 Word games with Bella 2:30 Singalong with Emily 2:30 Refreshments/Snack 3:00 Fitness Class with Sam-1 3:30 Visits with volunteer Bill 6:30 Wheel of Fortune, CH 4	12 HAPPY BIRTHDAY SHARON S! GIRL SCOUT DAY 10:00 GIRL SCOUT TRIVIA AND COOKIE SAMPLING 1:30 Bingo 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 4:00 Glenn Miller music & Cake decorating videos 6:00 Game night with Becca 6:30 Wheel of Fortune, CH 4	9:30- MNEME THERAPY PAINTING 11:30 WITH LARRY 1:30 Music Trivia with Becca 2:30 Refreshments/Snack- 3:30 Chair exercise with Becca 4:00 Slideshow reminisce With Becca 6:30 Wheel of Fortune, CH 4	10:00 Move to music with Becca 11:00 Color Sensory with Becca 1:30 Truth or Blarney with Erin 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 4:00 Instrumental spiritual music 6:30 Wheel of Fortune, CH 4	10:00 CATHOLIC ECUMENICAL SERVICE WITH VOLUNTEERS 1:30 Set up for party 2:30 ST. PATRICK'S DAY PARTY WITH ACCORDION MUSIC BY DICK SZYPLINSKI 4:00 Frank Sinatra Show 6:30 Wheel of Fortune, CH 4	10:00 Morning fun with Becca! 2:30 Bingo 2:30 Refreshments/Snack 3:45 Listen to Music 6:30 Wheel of Fortune, CH 4
 ST. PATRICK'S DAY 9:45 Irish Music with Erin 1:00 St. Patrick Trivia with Erin 2:30 Refreshments/Snack 3:00 Reminisce with Erin 	9:45 Noodle Ball with Erin 10:15 Word games with Erin 2:30 Singalong with Erin 2:30 Refreshments/Snack 3:00 Fitness Class with Sam-1 3:30 Visits with volunteer Bill 6:30 Wheel of Fortune, CH 4	9:45 Travel Tuesday with Erin 11:00 Sensory with Erin 1:30 Bingo with Erin 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 4:00 Spring slideshow 6:00 Game night with Becca 6:30 Wheel of Fortune, CH 4	9:45 Morning stretch with Erin 10:45 Trivia with Erin 1:30 Self Care with Becca 2:30 Refreshments/Snack- 3:00 Fitness Class with Sam-2 4:00 John Denver music 6:00 Music with Becca 6:30 Wheel of Fortune, CH 4	10:00 Rhythm band/drumming with Becca 11:00 Spring Sensory with Becca 2:00 FOUR LEAF CLOVER CRAFT WITH VOLUNTEER VICKI 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 4:00 Perry Como Show 6:30 Wheel of Fortune, CH 4	10:00 CATHOLIC ECUMENICAL SERVICE WITH VOLUNTEERS 1:30 Jeopardy with Becca 2:30 Refreshments/Snack 4:00 Baby animal slideshow	10:00 Morning fun with Becca! 2:30 Bingo 2:30 Refreshments/Snack 3:45 Listen to Music 6:30 Wheel of Fortune, CH 4
9:45 Hymn Sing 1:00 Games 2:30 Refreshments/Snack 3:30 Listen to music 31 EASTER 9:45 Hymn Sing 1:00 Easter Coloring 2:30 Refreshments/Snack 3:30 Listen to music	9:45 Noodle Ball with Erin 10:15 Word games with Erin 2:30 Refreshments/Snack 2:30 Singalong with Erin 3:00 Fitness Class with Sam-1 3:30 Visits with volunteer Bill 6:30 Wheel of Fortune, CH 4	9:45 Morning Stretch with Erin 2:00 ENTERTAINMENT WITH TODD ANDERSON AS FRANK SINATRA 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 6:00 Game night with Becca 6:30 Wheel of Fortune, CH 4	10:30 RESIDENT COUNCIL MEETING 11:00 Junk Drawer Detective-Becca 1:30 Self Care with Becca 2:30 Refreshments/Snack- 3:00 Fitness Class with Sam-2 4:00 Listen to patriotic music 6:00 Music with Becca 6:30 Wheel of Fortune, CH 4	10:00 MAGIC SHOW Featuring Matt Dunn Performance Room 2nd fl. 1:30 Baseball Trivia with Becca 2:30 Refreshments/Snack 3:00 Step-in-Time (Wellness Ctr) 3:10 Minnesota Twins Opener 6:30 Wheel of Fortune, CH 4	10:00 CATHOLIC ECUMENICAL SERVICE WITH VOLUNTEERS 1:30 Easter Reminisce with Becca 2:30 Refreshments/Snack 4:00 Gaither Gospel TV Show 6:30 Wheel of Fortune, CH 4	10:00 Morning fun with Becca! 2:30 Bingo 2:30 Refreshments/Snack 3:45 Listen to Music 6:30 Wheel of Fortune, CH 4

REFLECTIONS STAFF:

Clinical Director - Gladys Aakre Registered Nurse - Loretta Gborpla 763) 955-177

Director of Reflections - Emily Jass (763) 955-1992
Resident Care Coordinator -Anna Phongmany (763) 955-176

LOCATIONS

"1" = 1st Floor CH= Chapel
"2" = 2nd Floor PR= Performance Room

Calendar is subject to change