

# SILVERCREEK ON MAIN -REFLECTIONS 1- JULY 2022 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>Meal Times:</b></p> <p>8:00am Breakfast</p> <p>12:00pm Lunch</p> <p>5:00 pm Dinner</p>	 <p><b>PROGRAMS &amp; EVENTS</b></p> <p>AT SILVERCREEK ON MAIN</p>					<p><b>1</b></p> <p>10:00 Devotions and Daily Chronicles with Becca</p> <p>1:30 Games with Becca</p> <p>2:30 Refreshments/Snack</p> <p>4:00 Holiday trivia</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>2</b></p> <p>9:30 Rosary with Becca</p> <p>10:00 Morning fun with Becca!</p> <p>1:45 Bingo (1st floor)</p> <p>2:30 Refreshments/Snack</p> <p>3:45 Listen to Music</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>
<p><b>3</b></p> <p>10:30 Hymn sing with RA's</p> <p>1:45 Patriotic Coloring</p> <p>2:30 Refreshments/Snack</p>	<p><b>4 Independence Day</b></p> <p>10:30 Singalong with RA's</p> <p>1:30 Afternoon movie</p> <p>2:30 Refreshments/Snack</p> <p>4:00 Listen to music</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>5</b></p> <p>10:30 Manicures and hand massages with RA staff</p> <p>1:45 Bingo (1st floor)</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Step-in-Time (Wellness Ctr)</b></p> <p>4:00 Bird Watching- Patio</p> <p>6:00 Evening fun with Becca</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>6</b></p> <p>10:45 Daily Chronicles &amp; Trivia</p> <p>1:15 Walking Club</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Fitness class with Sam -2</b></p> <p>4:00 National Park Travel</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>7</b></p> <p>10:00 Balloon Volley</p> <p>1:15 Walk to the library</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Step-in-Time (Wellness Ctr)</b></p> <p>4:00 Music listening trivia</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>8</b></p> <p>10:00 Devotions and Daily Chronicles with Becca</p> <p>2:00 Make S'mores</p> <p>2:30 Refreshments/Snack</p> <p>4:00 Car Collector Day- slideshow &amp; trivia</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>9</b></p> <p>9:30 Rosary with Becca</p> <p>10:00 Morning fun with Becca!</p> <p>1:45 Bingo (1st floor)</p> <p>2:30 Refreshments/Snack</p> <p>3:45 Listen to Music</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	
<p><b>10</b></p> <p>10:30 <b>Chapel Service- CH</b></p> <p>10:30 Hymn sing with RA's</p> <p>1:45 Coloring with RA's</p> <p>2:30 Refreshments/Snack</p>	<p><b>11</b></p> <p>10:15 Singalong with Emily</p> <p>2:00 RESIDENT MEETING- 1</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Fitness Class with Sam-1</b></p> <p>4:00 National Park Travel</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>12</b></p> <p>10:30 Manicures and hand massages with RA staff</p> <p>1:45 Bingo (1st floor)</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Step-in-Time (Wellness Ctr)</b></p> <p>4:00 Exercise Video</p> <p>6:00 Evening fun with Becca</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>13</b></p> <p>10:45 Balloon Volley with RA's</p> <p>1:15 Walking Club</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Fitness class with Sam -2</b></p> <p>4:00 Wild Wednesdays- Animals</p> <p>6:00 Game night with Becca</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>14</b></p> <p>10:00 Exercise and daily chronicles with Becca</p> <p>1:15 Arts &amp; Crafts</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Step-in-Time (Wellness Ctr)</b></p> <p>4:00 50's music with RA's</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>15</b></p> <p>10:00 Devotions and Daily Chronicles with Becca</p> <p>1:30 Games with Becca</p> <p>2:30 Refreshments/Snack</p> <p>4:00 IN2L reminisce childhood Games/toys</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>16</b></p> <p>9:30 Rosary with Becca</p> <p>10:00 Morning fun with Becca!</p> <p>1:45 Bingo (1st floor)</p> <p>2:30 Refreshments/Snack</p> <p>3:45 Listen to Music</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	
<p><b>17</b></p> <p>10:30 Hymn sing with RA's</p> <p>1:45 Coloring with RA's</p> <p>2:30 Refreshments/Snack</p>	<p><b>18</b></p> <p>10:15 Singalong with RA's</p> <p>1:30 Coloring with RA's</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Fitness Class with Sam-1</b></p> <p>4:00 Relax on the patio</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>19</b></p> <p>10:30 Manicures and hand massages with RA staff</p> <p>1:45 Bingo (1st floor)</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Step-in-Time (Wellness Ctr)</b></p> <p>4:00 Bird Watching- Patio</p> <p>6:00 Evening fun with Becca</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>20</b></p> <p>10:45 Daily Chronicles &amp; Trivia</p> <p>1:15 National Park Travel</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Fitness class with Sam -2</b></p> <p>6:00 Game night with Becca</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>21</b></p> <p>10:00 Exercise and daily chronicles with Becca</p> <p>1:15 Walk to the library</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Step-in-Time (Wellness Ctr)</b></p> <p>4:00 Music Listening Trivia</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>22</b></p> <p>10:00 Devotions and Daily Chronicles with Becca</p> <p>1:30 Games with Becca</p> <p>2:30 Refreshments/Snack</p> <p>4:00 Relax on the patio</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>23 Happy Birthday Wanda!</b></p> <p>9:30 Rosary with Becca</p> <p>10:00 Morning fun with Becca!</p> <p>1:45 Bingo (1st floor)</p> <p>2:30 Refreshments/Snack</p> <p>3:45 Listen to Music</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	
<p><b>24</b></p> <p>10:00 Hymns with RA's</p> <p>1:45 Coloring with RA's</p> <p>2:30 Refreshments/Snack</p>	<p><b>25</b></p> <p>10:15 Singalong with Emily</p> <p>2:00 Weekly Crossword (1st) &amp; Balloon burst word games</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Fitness Class with Sam-1</b></p> <p>4:00 National Park Travel</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>26</b></p> <p>10:30 Manicures and hand massages with RA staff</p> <p>1:45 Bingo (1st floor)</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Step-in-Time (Wellness Ctr)</b></p> <p>4:00 Exercise Video</p> <p>6:00 Evening fun with Becca</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>27 Happy Birthday Lynn!</b></p> <p>10:45 Daily Chronicles &amp; Trivia</p> <p>1:15 Walking Club</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Fitness class with Sam -2</b></p> <p>4:00 Wild Wednesdays- Animals</p> <p>6:00 Game night with Becca</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>28</b></p> <p>10:00 Exercise and daily chronicles with Becca</p> <p>1:15 Arts &amp; Crafts</p> <p>2:30 Refreshments/Snack</p> <p>3:00 <b>Step-in-Time (Wellness Ctr)</b></p> <p>4:00 Dance music with RA's</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>29</b></p> <p>10:00 Devotions and Daily Chronicles with Becca</p> <p>1:30 Games with Becca</p> <p>2:30 Refreshments/Snack</p> <p>4:00 IN2L Reminisce</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p><b>30</b></p> <p>9:30 Rosary with Becca</p> <p>10:00 Morning fun with Becca!</p> <p>1:45 Bingo (1st floor)</p> <p>2:30 Refreshments/Snack</p> <p>3:45 Listen to Music</p> <p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	
<p><b>31</b></p> <p>10:00 Hymns with RA's</p> <p>1:45 Coloring with RA's</p> <p>2:30 Refreshments/Snack</p>	<p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	<p style="text-align: center;"><b>Wheel of Fortune 6:30 CH. 4</b></p>	

**REFLECTIONS STAFF:**

Clinical Director - Gladys Aakre (763) 955-1770  
 Registered Nurse - Loretta Gborplay (763) 955-1769

**CODING: RED = OTHERS**

Director of Reflections - Emily Jass (763) 955-1992  
 Resident Care Coordinator- Rebecca Fallah (763) 955-1762

**LOCATIONS**

"1" = 1st Floor      Chapel = CH  
 "2" = 2nd Floor